

PARUL INSTITUTE OF AYURVED & RESEARCH

ANNUAL REPORT - January 2025 - December 2025

Parul Institute of Ayurved & Research is established under parent Parul University, with a vision to build a centre for excellence in education and practice of Ayurveda, to preserve, nurture and propagate the profound ancient wisdom of Indian system of medicine through quality teaching, training, medical care and research works. The Institution aims at transforming the science of Ayurveda through quality education, selfless service to the society with a truthful motto. This Institution was permitted in the year 17.11.2017 by ministry of AYUSH, GOI, New Delhi for intake of admission of 100 students. Institute is focusing on academic, cultural, social and research activities.

Potentials, skills of the student will be identified by the teacher and accordingly they will be motivated and guided for academic, co-curricular activities etc. our Institute concentrate on Social service under NSS by conducting rural health awareness programme, Swachata Abhiyan along with involvement of students in such activities. Culture has got significant role in the development of students personality, by keeping this in view, Institute motivates students to participate in various cultural programmes. To preserve the tradition, we celebrate Ganesha Chaturthi, Independence Day, Republic Day.

Khemdas Hospital, teaching hospital of Parul Institute of Ayurved has been accredited by NABH (National Accreditation Board of Hospital) from 27th October 2018 and reaccreditation for the 3rd cycle was received on 27th October 2024. The teaching pharmacy is also developed nicely and able to manufacture its own products. 88 medical camps were successfully conducted throughout the year to provide accessible healthcare services, including consultation, diagnosis, and distribution of essential medicines to the community. These initiatives significantly contributed to early detection of diseases, health awareness, and improved overall well-being of the underserved population. As a part of faculty development programmes, the Institution has organised pedagogy session, various Webinars, Awareness Programmes and Guest Lecture. Details are as below:

Awareness Programme

Health awareness talk to homeopathy students to demonstrate the importance and practical applications of Ayurveda in maintaining health. A health talk on the “Role of Yoga, Dinacharya, and Ritucharya in Daily Life” on 23/09/2025 organised by the Department of Swastavritta.

Seminar / Workshop / CEP

1. 1 day Workshop on Basic Neonatal Resuscitation 2025 organised by the department of Kaumarabhritya in collaboration with Academy of Paediatrics, Vadodara on 23.02.2025.
2. 02 days training programme on CCRAS standardized Prakriti assessment scale (spas) and Ayur prakriti web portal organised by the Department of Kriya Sharir.
3. “Analytical methods mentioned in revised ncism syllabus of dravyaguna vigyana” The Department of Dravyaguna Vigyana organised a 12-day intensive workshop from 4th March to 15th March 2025, guided by expert Mr. Anuraag Rai, Assistant Professor, School of Pharmacy, Faculty of Pharmacy, Parul University.
4. Vivechanam 2025 - a national workshop & conference on instrumentation & analytical techniques. The event is organized by the Parul Institute of Ayurved and Research (PIAR), a constituent college of Parul University, in co-partnership with various prestigious institutions including the Parul Institute of Pharmacy, Amrita School of Ayurveda, SMBT Ayurved College & Hospital, and Gokul Ayurveda College.

5. Pathya demonstration by P.G students to U.G students was conducted on 23/09/2025 under the Department of Swasthavritta as an integral component of practical training on Ahara Vidhi (dietary rules) and Pathya–Apathya (wholesome and unwholesome diet) concepts.

Orientation Programme for Students:

1. Transitional Curriculum - 15 days orientation programme was organised for the first Year BAMS students (2025 - 26 Batch). The programme was coordinated by respective Class Coordinator Dr. Priyanka K. They were sensitized for the academic year with the introduction to the AYUSH system of medicine as per NCISM Guidelines.
2. Orientation programme of three days was organised for the Second Year BAMS students (2023-24 Batch). Sensitization of students for the new academic year with introduction to the subjects was given to Students. It was held from 15.4.25 to 17.4.25. The programme was coordinated by respective Class Coordinator Dr. Ajith K.
3. Orientation programme of three days was organised for the Third Year BAMS students (2021-22 Batch) academic year 2025-27. Sensitization of students for the new academic year with introduction to the subjects was given to Students. It was held from 3.3.2025 to 5.3.2025. The programme was coordinated by respective Class Coordinator Dr. Viraj Vyas.

Celebration:

1. **World Environment Day-2025** was observed on 05.06.2025 was organised by Department of Dravyaguna.
2. **World Blood Donation Day 2025** was observed on 14.6.2025 – Blood donation camp and Poster Presentation Competition was organised by Department of Roga Nidana.
3. **International Yoga Day** was celebrated by the Department of Swasthavritta & Yoga on 21.06.2025. Yogasana & Essay Competition was held on the respective day.
4. **National Doctors Day 2025**, was observed on 01.07.2025 by student council, Parul Institute of Ayurved and Research. The event comprised of:
 - a. Felicitation to students and consultants for their dedication in work.
 - b. Indoor games for teachers
5. Guru Purnima Celebration was observed on 10/07/2025 organised by student council, Parul Institute of Ayurved and Research.
6. World Hepatitis Day was celebrated on 28/07/2025 organised by the Dept. of Kayachikitsa, Parul Institute of Ayurved and Research. Poster Presentation Competition was held on the respective day.
7. National Librarian's Day was celebrated on 09/08/2025 organised by the library section, Parul Institute of Ayurved & Research. Various competitions were conducted on the respective day.
8. **World Organ Donation Day 2025** was celebrated by Department of Rachana Sharir on 13/08/2025.
9. **Teachers Day** celebration was organized by the institution on 05.09.2025 organised by student council, Parul Institute of Ayurved and Research.
10. **World Heart Day 2024** was observed on 29.09.2025– Blood donation camp and Poster Presentation Competition was organised by Department of Kriya Sharir.
11. **Shishyopanayana Samskara** along with Dhanvantari Homa was organized on for first year BAMS Students and Pg Students (2025 - 2026)

Guest Lecture: Total of **38** Guest Lectures were organised.

1. Department of Rachana Sharira organised a Guest Lecture as a part of Integrated learning for 1st Year U.G on the topic “Histology” by Dr. Parvathy S on 11.1.2025.
2. Department of Rachana Sharira organised a Guest Lecture on the topic “Spinal cord” for the P.G Scholars by Dr Siddharth Roy on 25.1.2025.
3. Department of Rachana Sharira organised a Guest Lecture for U.G Batch 23-24 on the topic “Histology” by Dr Siddharth Roy on 25.1.2025.
4. Department of Samhita- Siddhanta organised a Guest Lecture on the topic “Importance of Sanskrit Grammar to understand Ayurved text” for the U.G Batch 23-24 by Dr Pooja Jani on 31.1.2025.
5. Department of Shalya Tantra organised a Guest Lecture on the topic “Research areas in Shalyatantra” for the P.G’s by Dr Pradhnya Kapse on 04.02.2025.
6. Department of Agada Tantra organised a Guest Lecture on topic “Research Areas in Agadatantra” by Dr Jayashree Khandge on 15.2.2025.
7. Department of Samhita-Siddhanth organised a Guest lecture on the topic “Thrust Areas of Research in Samhita” by Dr Jayashree Khandge on 15.2.2025.
8. Department of Roga Nidana organised a Guest Lecture on topic “Understanding concept of Anukta Vyadhi” for the 2nd Year U.G Students by Dr Anandu V on 26.2.2025.
9. Department of Roga Nidana organised a Guest Lecture on topic “Implementation of real time health monitoring program and diagnosis system using Nadi Vigyan” for the P.G’s by Dr Anandu V on 26.2.2025.
10. Department of Rachana Sharira organised a Guest Lecture on the topic “Marma Chikitsa” for the P.G Scholars by Dr Saifudheen Gurukkal P on 27.2.2025.
11. Department of Swastavritta organised a Guest Lecture for 2nd Year U.G on the topic “Basics of Swasthavritta” by Dr Vivek Dhongdi on 28.2.2025.
12. Department of Swastavritta organised a Guest Lecture on the topic “Research title” for the P.G Scholars by Dr Avinash Jadhav on 13.3.2025.
13. Department of Swastavritta organised a Guest Lecture for 2nd Year U.G on the topic “National Health Policy” by Dr Avinash Jadhav on 13.3.2025.
14. Department of Roga Nidana organised a Guest Lecture on topic “Pathology” for the 2nd Year U.G Students by Dr Dipika Parmar on 01.04.2025.
15. Department of Roga Nidana organised a Guest Lecture on topic “Pathology” for the 2nd Year U.G Students by Dr Dipika Parmar on 08.04.2025.
16. Department of Samhita-Siddhanta organised a Guest Lecture on topic “Astrophysics” for the 1st Year U.G Students by Niranjananand Swami on 11.04.2025.
17. Department of Kayachikitsa organised a Guest Lecture on topic “Protocol of GI disorders management in Ayurved” for the Final Year U.G Students by Dr Nishant Shukla on 05.05.2025.
18. Department of Agada Tantra organised a Guest Lecture on topic “Scope of Agada Tantra” for the 2nd Year U.G Students by Dr. Rahul Arsude on 19.06.2025.
19. Department of Agada Tantra organised a Guest Lecture on topic “Scope of Agada Tantra” for the 2nd Year U.G Students by Dr. Sonesh Utkar on 24.06.2025.
20. Department of Rachana Sharira organised a Guest Lecture on the topic “Research areas in Rachana Sharir” for the P.G Scholars by Dr. Pooja Sabharwal on 10.07.2025.
21. Department of Rachana Sharira organised a Guest Lecture on the topic “Applied aspect of Eye Anatomy” for the P.G Scholars by Dr. Gautam Dabhi on 11.07.2025.
22. Department of Kayachikitsa organised a Guest Lecture on topic “Localization of Stroke” for the Final Year U.G Students by Dr. Sujoy S Dhumal on 11.07.2025.

23. Department of Shalakyta Tantra organised a Guest Lecture on topic "Introduction to shalakyta tantra" for the Final Year U.G Students by Dr Gautam Dabhi on 11.07.2025.
24. Department of Panchakarma organised a Guest Lecture on topic "Practice of Snehapana & the need for validated tools in Panchakarma Practice" for the Final Year U.G Students by Dr. Vipinsha R S on 11.07.2025.
25. Department of Panchakarma organised a Guest Lecture on topic "Validation of Objective Parameters of Snehapana (Samyak Snigdha Lakshana)" for the P.G Students by Dr. Vipinsha R S on 11.07.2025.
26. Department of Samhita-Siddhanta organised a Guest Lecture on topic "Shroto Vijnanam" for the 1st Year U.G Students by Dr. Manish Pillewan on 18.07.2025.
27. Department of Samhita-Siddhanta organised a Guest Lecture on topic "Importance of Samhita" for the P.G Students by Dr. Manish Pillewan on 18.07.2025.
28. Department of Dravya Guna organised a Guest Lecture on topic "Pharmacovigilance in Ayurveda: Ensuring Safe and Effective Healing" for the 2nd Year U.G Students by Dr. Kavya Utkar on 21.07.2025.
29. Department of Roga Nidana organised a Guest Lecture on topic "CVS Examination- An Overview" for the 2nd Year U.G Students by Dr. Sampada Gaikwadon 29.08.2025.
30. Department of Swastavritta organised a Guest Lecture for 2nd Year U.G on the topic "Stress management through Ayurveda" by Dr. Sudhir Joshi on 20.09.2025.
31. Department of Samhita-Siddhanta organised a Guest Lecture on topic "Clinical Importance of Samhita" for the P.G Students by Dr. Vinay Pawar on 07.11.2025.
32. Department of Agada Tantra organised a Guest Lecture on topic "Research Updates in Agada Tantra" for the P.G Students by Dr. Shashikant Wadkar on 10.11.2025.
33. WDC organised a Guest Lecture on topic "Women, Work & Law" for the U.G Students by Ms. Aditi Dave on 18.11.2025.
34. WDC organised a Guest Lecture on topic "Legal rights every woman should know" for the U.G Students by Ms. Bhavya Pankaj on 18.11.2025.
35. WDC organised a Guest Lecture on topic "Gender Sensatization" for the U.G Students by Dr. Ruchi Tiwari on 21.11.2025.
36. WDC organised a Guest Lecture on topic "Menstrual Health, Dignity & Law" for the U.G Students by Ms. Anubha Nair on 21.11.2025.
37. CEC Cell organised a Guest Lecture on topic "Opportunity in Government Sector" for the U.G Students by Noman Kasmani on 24.11.2025.
38. Department of Agada Tantra organised a Guest Lecture on topic "Concepts in Agada Tantra" for the P.G Students by Dr. Gajanan Chatuphale on 28.11.2025.

Webinar:

Total of **12** Webinars were organised.

1. Department of Kaumarabhritya organised a webinar on the topic "Neonatal Hypoglycaemia" by Dr Sachin Bhagwat on 06.01.2025.
2. Department of Roga Nidana organised a webinar on the topic "Types of immunity" by Dr Aiswarya on 07.01.2025.
3. Department of PTSR organised a webinar on the topic "Evaluation of cervical carcinoma" by Dr.Ashokan Vasudevan on 23.01.2025.
4. Department of Panchakarma organised a webinar on the topic "Fundamentals of Basti Karma - From Text to Practice" by Dr Aiswarya I V on 29.01.2025.
5. Department of Swastavritta organised a webinar on the topic "Addressing obesity-Insights and Interventions" by Dr Swathi Somayaji on 17.02.2025.

6. Department of Dravyaguna organised a webinar on the topic “Medicinal Plants acting on Respiratory system and their mechanism of action” by Dr Dhanya R on 21.03.2025.
7. Department of Shalaky tantra organised a webinar on topic “Awareness on Glaucoma” by Dr Ayana Raj P on 22.3.2025.
8. Department of Kaumarabhritya organised a webinar on topic “Panchakarma in Developmental Paediatrics” by Dr Vijayalaxmi Mallannavar on 09.04.2025.
9. Department of Roga Nidana organised a webinar on the topic “Ashtasthana Pariksha- An Overview” by Dr Vishnu C.P on 29.07.2025.
10. Department of Roga Nidana organised a webinar on the topic “Srotas Contemporary View” by Dr. Prashanth Jain N.P on 12.08.2025.
11. Department of Samhita- Siddhanta organised a webinar on the topic “Contribution of Acharya Charaka in Ayurveda Pedagogy” by Leena Nair on 02.08.2025.
12. Department of Kriya Sharira organised a webinar on the topic “Applied Physiology of Cardiovascular System” by Dr. Anand Ahuja on 29.09.2025.

DAY CELEBRATION 2025

1. PLEDGE FOR THE PLANET” ON WORLD ENVIRONMENT DAY

The Department of Dravyaguna Vigyan, Parul Institute of Ayurved and Research, celebrated *World Environment Day 2025* by organizing an **Oath Taking Ceremony** on 5th June 2025 at the Herbal Garden of the institute.

2. PLANT4MOTHER” ON WORLD ENVIRONMENT DAY

On the occasion of **World Environment Day 2025**, the Department of Dravyaguna Vigyan at Parul Institute of Ayurved and Research organized a meaningful and environmentally driven event—a **Plantation Drive titled “Plant4Mother.”** The event was held on **June 5th, 2025**, at 11:00 a.m. in the Herbal Garden of the institute and witnessed enthusiastic participation from Dravyaguna postgraduate scholars and faculty members.

3. TEACHER DAY CELEBRATION

The Department of Roganidana evum Vikriti Vigyan in collaboration with the STUDENT COUNCIL OF PIAR celebrated Teachers’ Day on 8th September 2025 with great enthusiasm and reverence.

4. SHARIR ARTVENTURE 2025 – AN INTERDISCIPLINARY PAINTING COMPETITION - ORGAN

DONATION DAY CELEBRATION

Department of Rachana Sharir organised Sharir Artventure painting competition on occasion of Organ Donation day. Students were invited to submit paintings based on anatomical and health-related themes. Many participants focused on **organ donation awareness** as part of their creative work, making the event more meaningful.

5. INSPIRATIONAL TALK ON THE OCCASION OF GANDHI JAYANTI

On the occasion of **Gandhi Jayanti**, the **Department of Kriya Sharir**, Parul Institute of Ayurved and Research, organized a commemorative event on **3rd October 2025** from **11:00 AM to 1:00 PM** at the **Ground Floor, PIAYR**.

WORKSHOPS ORGANISED BY INSTITUTE

1. **02 DAYS TRAINING PROGRAMME ON CCRAS STANDARDIZED PRAKRITI ASSESSMENT SCALE (SPAS) AND AYUR PRAKRITI WEB PORTAL**

The Department of Kriya Sharir submitted a requisition to **CCRAS, Ministry of AYUSH**, for organizing a training workshop for faculty members of Ayurveda. The **4th session** of this nationwide training initiative was scheduled at **Parul Institute of Ayurved and Research** on **12th and 13th February 2025**.

2. **“ANALYTICAL METHODS MENTIONED IN REVISED NCISM SYLLABUS OF DRAVYAGUNA VIGYANA”**

The Department of Dravyaguna Vigyana organised a 12-day intensive workshop from **4th March to 15th March 2025**, guided by expert **Mr. Anuraag Rai**, Assistant Professor, School of Pharmacy, Faculty of Pharmacy, Parul University. The sessions were conducted each day from 10:00 a.m. to 2:00 p.m., combining theoretical instruction, visual demonstrations, and interactive discussions.

3. **SHRINGAR COSMETIC CONCLAVE - A NATIONAL WORKSHOP ON COSMETIC PREPARATIONS**

A two-day national workshop, Shringar Cosmetic Conclave, was organized by the **Department of Rasashastra and Bhaishajya Kalpana**, Parul Institute of Ayurved and Research, in collaboration with Parul Institute of Pharmacy. The workshop aimed to provide hands-on training on unique cosmetic formulations, such as Herbal Face Serum, Natural Eye Liner, and Organic Mascara, to faculties, practitioners, and PG and PhD scholars of Ayurveda and Pharmacy institutions.

A book, "Shringar Cosmetic Manual," was inaugurated, covering the preparation and quality control of 24 unique cosmetics.

4. **VIVECHANAM 2025 - A NATIONAL WORKSHOP & CONFERENCE ON INSTRUMENTATION & ANALYTICAL TECHNIQUES**

VIVECHANAM 2025 is a National Workshop and Conference focusing on **Instrumentation & Analytical Techniques**. The event is organized by the **Parul Institute of Ayurved and Research (PIAR)**, a constituent college of **Parul University**, in co-partnership with various prestigious institutions including the Parul Institute of Pharmacy, Amrita School of Ayurveda, SMBT Ayurved College & Hospital, and Gokul Ayurveda College.

5. PATHYA DEMONSTRATION BY PG STUDENTS TO UG STUDENTS

The activity was conducted on **23/09/2025** under the **Department of Swasthavritta** as an integral component of practical training on **Ahara Vidhi (dietary rules)** and **Pathya–Apathya (wholesome and unwholesome diet)** concepts. The primary objective was to provide UG students with experiential learning on the preparation and therapeutic significance of classical Pathya Kalpanas that support **Swasthasya Swasthya Rakshanam**—the protection and promotion of health—as well as their utility in conditions such as **Agnimandya, Jwara, Annavaha Srotodushti** and other disorders arising from digestive and metabolic imbalance.

6. “WORKSHOP ON BASIC NEONATAL RESUSCITATION 2025”

1 day Workshop on Basic Neonatal Resuscitation 2025 in collaboration with Academy of Paediatrics, Vadodara on 23.02, 2025. The program commenced with Dhanwantari Stuti by the PG student from Prasuti Tantra and Stree Roga. The session was coordinated by Department of Kaumarabhritya faculties of PIAYR. This program was conducted for the PG students of Kaumarabhritya and Prasuti Tantra and Stree Roga. Total 30 PG students were attended and got benefitted in this workshop.

EXPERT LECTURES 2025

1. INTEGRATING BREASTFEEDING SUPPORT INTO AYURVEDA CURRICULUM

On the occasion of world breast feeding week celebration, Department of kaumarabhritya PIAYR organized Guest Lecture series on 6th August 2025. The programme commenced with Dhanwantari stuti by Akshata 3rd prof student PIAYR. The online session started at 10 AM. Dr Sreevisakh Prof and HOD of department of kaumarabhritya welcomed our principal Dr B G Kulkari and guest speakers Dr Deepthi Balakrishnan and Dr Anjali M V.

2. GUEST LECTURE ON NEWBORN EXAMINATION

On 7th November 2025, a **Guest Lecture** was organized for the **PG scholars of the Kaumarabhritya Department** on the topic of **Newborn Examination**. The session began at **3:00 PM**. The lecture was delivered by **Dr. Sunil P. Changle**, an expert in neonatal clinical assessment.

3. GUEST LECTURE -" COMMON RESPIRATORY CONDITIONS AND ITS MANAGEMENT IN PAEDIATRICS".

Webinar series was conducted on 31st December 2025. It was organized by the Department of Kaumarabhritya PIAR. Topic for the guest lecture -" Common respiratory conditions and its management in Paediatrics". Our resource person Dr Sreevisakh TS talked about common respiratory diseases, diagnosis, investigations , management through Ayurveda, panchakarma procedures etc

4. GUEST LECTURE ON “AYURVEDIC MANAGEMENT OF ENDOMETRIOSIS AND UTERINE FIBROID”

An offline Guest lecture on “Ayurvedic management of Endometriosis and Uterine fibroid” was organized by the Dept. Of Prasuti tantra & Streeroga, of Parul Institute of Ayurved. and Research for the P.G. scholars of Dept of Prasauti tantra Evum Stree Roga on 08-11-2025 in the tutorial room of Prasuti tantra department of PIAYR from 12 pm onwards.

5. A GUEST LECTURE ON “INTRODUCTION TO SHALAKYA TANTRA”

A guest lecture on “**Introduction to Shalakyia Tantra**” was organized by the Department of Shalakyia Tantra on **12-07-2025** to enhance students’ understanding of diseases related to the eye, ear, nose, throat, and head. The session was delivered by **Dr. Gautam Dabhi**, an experienced clinician and academician in Shalakyia Tantra. Dr. Dabhi discussed the major subdivisions of Shalakyia Tantra—*Netra Roga, Karana Roga, Nasa Roga, Mukha Roga, and Shiroroga*.

6. A GUEST LECTURE ON “SUCCESS STORIES OF SHALAKYA TANTRA”

The Department of Shalakyia Tantra organized a guest lecture on “**Success Stories of Shalakyia Tantra**” on **06-11-2025**, aimed at exposing students to real clinical achievements within the field of Urdhwanga disorders. The session was delivered by **Dr. Ganga R. Hadimani**, a well-known Shalakyia Tantra practitioner recognized for her successful clinical outcomes.

7. GUEST LECTURE ON AYURVEDIC PROPHYLACTIC AND THERAPEUTIC MEASURES FOR DIGITAL EYE STRAIN

The Department of shalakyia tantra conducted a guest lecture on “**Ayurvedic prophylactic and therapeutic measures for digital eye strain**” on **15-11-2025**, with the aim of educating students about managing screen-related ocular issues through Ayurveda. The lecture was delivered by **Dr. Vimal Panchani**, an experienced Ayurvedic practitioner specializing in Shalakyia Tantra and ocular health.

8. Guest lecture on the topic of "Localization of Stroke"

Guest lecture was conducted on the topic of "Localization of Stroke" for the PG students on 12.07.2025 from 04:00 pm to 05:00 pm. Dr. Sujoy S Dhumal was the guest speaker for this lecture. Dr. Sujoy S Dhumal delivered a comprehensive and engaging lecture on "Localization of Stroke," covering the topic with detailed explanations and practical relevance.

9. GUEST LECTURE ON "DECODING JWARA

Guest lecture was conducted on the topic of "Decoding Jwara: A practical perspective" for the UG students on 10.11.2025 from 2:00 pm to 3:00 pm. Dr. Soumya E A was the guest speaker for this lecture. Dr. Soumya E A delivered a comprehensive and engaging lecture on "Decoding Jwara: A practical perspective" covering the topic with detailed explanations and practical relevance.

10. GUEST LECTURE ON "PROTOCOL OF GI DISORDER MANAGEMENT IN AYURVEDA"

Guest lecture was conducted on the topic of "Protocol of GI Disorder Management in Ayurved" for the Faculties & PG students on 05.05.2025 from 10:00 am to 11:00 am. Dr Nishant Srikant Shukla was the guest speaker for this lecture.

11. LECTURE ON COMMON SURGICAL CONDITIONS AND ITS MANAGEMENT

The Department of Shalya Tantra, Parul Institute of Ayurveda and Research, organized a guest lecture on Common Surgical Conditions and Its Management on 11th July 2025. The session was conducted by Dr. Sanjay Trivedi, a renowned surgeon and academician known for his clinical expertise and contributions to surgical education. The one-hour interactive session aimed to enrich the knowledge base of postgraduate students in the domain of surgery, bridging the gap between theoretical learning and clinical practice.

12. GUEST LECTURE ON ACUTE ABDOMINAL CONDITIONS AND ITS MANAGEMENT FOR UNDERGRADUATE STUDENTS

The Department of Shalya Tantra, Parul Institute of Ayurveda and Research, organized an insightful guest lecture on ;Acute Abdominal Conditions and its Management; for undergraduate students on 12th July 2025. The session was delivered by the distinguished expert Dr. Sanjay Trivedi, who is renowned for his extensive clinical experience and academic contributions in the field of surgery and Ayurvedic Shalya Tantra.

13. GUEST LECTURE ON“AYURVEDIC MANAGEMENT OF DIABETIC FOOT ULCER

The Department of Shalya Tantra, Parul Institute of Ayurveda and Research, organized a guest lecture on“Ayurvedic management of Diabetic foot Ulcer “on 15th October 2025. The session was conducted by Dr. Gajiram Banothe , a renowned surgeon and academician known for his clinical expertise and contributions to surgical education.

14. GUEST LECTURE ON “ADVANCED SURGICAL TECHNIQUES”

Parul Institute of Ayurveda and Research, organized a guest lecture on “**Advanced Surgical Techniques**” on 11th November 2025. The session was conducted by **Dr. Ashwin Haridas**, a renowned surgeon and academician known for his clinical expertise and contributions to surgical education.

15. GUEST SPEAKER ON "TRADITIONAL VISHA CHIKITSA

The department of Agada Tantra, PIAYR_organized a Guest lecture for PG students. The guest lecture was conducted on 27/02/2025 from 11.00am to 12.00pm. A total of 11 students attended . The Guest Speaker Dr. Aravind Nath Assistant Professor, Dept of Agadatantra, G J Patel Ayurved College, Anand.

16. GUEST LECTURE ON EXPLORING THE ANCIENT WISDOM OF VISHA CHIKITSA

The department of Agada Tantra, PIAYR_organized a Guest lecture for PG students. The guest lecture was conducted on 10/04/2025 from 11.00am to 12.00pm. A total of 11 students attended . The Guest Speaker Dr Jayashree Khandge is working as the Associate Professor, Dept of Samhita Siddhanta, Rukhmini Ayurved College, Sangamner, Maharashtra. Our guest speaker has explained and interacted with PG scholars regarding the topic, **Exploring the Ancient Wisdom of Visha Chikitsa**.

17. GUEST LECTURE ON VISHAGHNA MAHA KASHAYA & ITS CLINICAL APPLICATION".

The department of Agada Tantra, PIAYR_organized a Guest lecture for PG students. The guest lecture was conducted on 24/06/2025 from 11.00am to 12.00pm. A total of 11 students attended. Dr Sonesh Utkar is working as the Professor, Department of Dravyaguna, SS Agarwal Ayurveda College, Navsari.

18. GUEST LECTURE ON "SCOPE OF AGADA TANTRA".

The department of Agada Tantra, PIAYR_organized a Guest lecture for PG students. The guest lecture was conducted on 19/06/2025 from 11.00am to 12.00pm. A total of 11 students attended. Dr. Rahul Arsude is working as the Associate Professor, Dept of Agadatantra, Murlidhar Ayurved College, Rajkot. Our guest speaker has explained and interacted with PG scholars regarding the topic "**Scope of Agada Tantra**".

19. GUEST LECTURE ON THE TOPIC “RESEARCH AREAS IN DRAVYAGUNA VIGYAN W.S.R. TO VRIKSHAYURVED”

The Department of Dravyaguna Vigyana, Parul Institute of Ayurved and Research, organized a guestlecture on the topic “Research Areas in Dravyaguna Vigyan w.s.r. to Vrikshayurved” for the postgraduate scholars of 2nd semester and final year MD (Dravyaguna)

20. "PHARMACOVIGILANCE IN AYURVEDA"

The Department of Dravyaguna Vigyana, Parul Institute of Ayurved and Research, Parul University, successfully organized a guest lecture for the students of 2nd Professional BAMS on 21st July 2025 from 4:00 PM to 5:00 PM at Kashyap Hall. The lecture was delivered on the highly relevant and contemporary topic "Pharmacovigilance in Ayurveda: Ensuring Safe and Effective Healing" by Dr. Kavya Nagrajana, Head of Department, Research Centre, Rashtrottthana Hospital and Research Centre, Bengaluru.

21. "NETWORK PHARMACOLOGY AND BIOINFORMATICS"

The Department of Dravyaguna Vigyana organized an expert talk on "Network Pharmacology and Bioinformatics" on 6th October 2025. The session was delivered by Dr. Pinkal H. Patel, Professor and Head, Department of Pharmaceutical Chemistry, Parul Institute of Pharmacy and Research. The session commenced with a warm welcome and introduction of the expert by Dr. Kruti Patel, Faculty Coordinator. Dr. Patel highlighted the importance of network pharmacology in bridging traditional Ayurvedic knowledge with modern molecular pharmacology.

22. "BIOACTIVE COMPOUNDS BEYOND BORDERS: INNOVATIONS IN PRECLINICAL SCREENING OF NATURAL PRODUCTS"

The Department of Dravyaguna Vigyana, Parul Institute of Ayurved and Research, Parul University, organized a guest lecture on "Bioactive Compounds Beyond Borders: Innovations in Preclinical Screening of Natural Products" on 4th August, 2025.

23. GUEST LECTURE 'STRESS MANAGEMENT THROUGH AYURVEDA'.

Department of Swasthavritta evum Yoga, Parul institute of ayurved and research has successfully organized an UG EXPERT TALK focused on vital topic of 'STRESS MANAGEMENT THROUGH AYURVEDA'. The event was scheduled on September 20, 2025 starting at 10:00 AM. The central figure of this expert talk was Dr. Sudhir Joshi, District AYUSH Officer, Dahod, as the Expert Speaker.

24. SIGNIFICANCE AND FORMULATION OF EFFECTIVE RESEARCH TITLES

A special interactive session was organized for 1st and 2nd year postgraduate scholars, focusing on the significance and formulation of effective research titles. The session provided a valuable opportunity for students to engage with experienced experts in the field, who shared real-life examples of well-structured research titles from diverse areas of study.

25. NATIONAL HEALTH POLICY (NHP), AIMED AT ENHANCING STUDENTS' UNDERSTANDING OF ITS SCOPE AND IMPACT

A PowerPoint presentation was conducted to highlight the key features of the National Health Policy (NHP), aimed at enhancing students' understanding of its scope and impact. The session began with a detailed overview of the policy's main objectives, followed by an engaging discussion on its core themes—preventive healthcare, universal health coverage, and the integration of digital health technologies.

26. Future Avenues for Research in Yoga.

On the occasion of Doctors Day, July 1, 2025, was honoured to host an expert talk for its esteemed faculty members. The session featured Dr. Kashinath Samagandi, the distinguished Director of the Morarji Desai National Institute of Yoga (MDNIY), who delivered an insightful presentation on Future Avenues for Research in Yoga.

27. GUEST LECTURE ON KALA SHARIR- SHUKRADHARA KALA.

The guest lecture was conducted by Prof. Dr. Seetharama Mithanthaya for PG students, focusing on Kala Sharir on 06/11/2025. The session was about the Kala Sharir- Shukradhara Kala.

28. INSIGHTS IN APPLIED ASPECTS OF EYE ANATOMY

The guest lecture was conducted by Dr. Gautam Dabhi for PG 1st, 2nd year, aimed to provide insights in applied aspects of eye anatomy on 11/07/2025. The session was about the eye anatomy and its clinical importance was enumerated.

29. NAVIGATING POSTGRADUATE EDUCATION IN AYURVEDA: STRATEGIES FOR SUCCESS.”

The Department of Kriya Sharir, Parul Institute of Ayurved and Research, organized an inspiring and informative webinar on 13th February 2025, from 2:00 PM to 3:00 PM, on the topic “**Navigating Postgraduate Education in Ayurveda: Strategies for Success.**” The guest speaker was Vaidya Jayprakash Ram, Research Officer (Ayu.), CCRAS, Ministry of AYUSH, Government of India.

30. GUEST LECTURE CONDUCTED BY –DR. CHANDRABHUSHAN JHA EX- DEAN FACULTY OF AYURVEDA BHU

GUEST LECTURE Conducted by –Dr. Chandrabhushan Jha Ex- Dean Faculty of Ayurveda BHU on Date – 26-11-2025 Title – History of Rasashastra The lecture emphasized that the history of Rasashastra is not just a timeline of texts, but a record of scientific evolution— moving from the pursuit of & divine alchemy & quot; to a highly efficient system of medical therapeutics that continues to offer rapid results in modern healthcare.

31. Introduction and Significance of Tamra Sindura

GUEST LECTURE Conducted by –Dr. Malhar Joshi Rastriya Guru Rashtriya Ayurveda Vidyapeeth on Date – 28-11-2025 Title – Introduction and Significance of Tamra Sindura The guest lecture provided a focused technical session on Tamra Sindur, a unique and potent copper-based formulation belonging to the category of Kupipakva Rasayana. The speaker detailed its complex pharmaceutical processing and its specialized role in treating chronic ailments.

32. INTRODUCTION AND SIGNIFICANCE OF KUPIPAKVA RASAYANA

GUEST LECTURE Conducted by –Dr. Rakesh Salve Director Aarohant Ayurvedic Medical College and Research Institute, Gandhinagar Date – 07-11-2025 Title – Introduction and Significance of Kupipakva Rasayana

33. Research areas of Rasashastra and Bhaishajya Kalpana

GUEST LECTURE Conducted by – Dr. Rohit Gokarna Principal Swaminarayan Ayurvedic College, Kalol Date – 08-02-2025 Title – Research areas of Rasashastra and Bhaishajya Kalpana.

34. SCOPE OF RASAUSHADHIS IN CLINICAL PRACTICE

GUEST LECTURE Conducted by – Dr. Saraswati Assistant Professor Date – 08-02-2025 Title – Scope of Rasaushadhis in Clinical Practice The scope of Rasaushadhi in Ayurvedic clinical practice is extensive, primarily due to its unique pharmacological properties characterized by Alpa Matratva (minimal dosage) and Kshipra Arogyadayitva (rapid therapeutic action). These herbo-mineral formulations are particularly valued in acute conditions and emergencies where immediate intervention is required.

35. THE IMPORTANCE OF TANTRAYUKTI FOR UNDERSTANDING AYURVEDA.

The Department of Samhita Siddhant successfully organized a guest lecture on 15th February 2025 for the postgraduate scholars. The session was graced by Dr. Jayashree Khandge, Associate Professor and a distinguished scholar in the field of Ayurveda, who delivered an enlightening lecture on the Importance of Tantrayukti for understanding Ayurveda.

36. SROTAS CHIKITSA SIDDHANTA

A guest lecture was arranged by dept. of Samhita Siddhanta and Sanskrit for the first year BAMS student on the topic of Srotas Chikitsa Siddhanta. Dr. Manish firstly explored the classification, function and main sites of Srotas.

Sponsored Research Project:**Government Approved Research Project (1)**

SR NO	TITLE OF PROJECT	NAME OF PI & CO-I	SANCTIONED BY
1	Impact assessment of Ayurveda-based lifestyle advocacy and utilization of medicinal plants in primary healthcare- A community-based study.	Dr. Suwarna Meshram	CCRAS

Government funded Ongoing Research Projects: (2)

SR NO	TITLE OF PROJECT	NAME OF PI & CO-I	SANCTIONED BY
1	Effectiveness of Ayush Osto in post menopausal Women with Osteopenia - a prospective single arm multicentric study	Dr. Divya B	CCRAS
2	Seizure sentry wearable epilepsy	Dr. Naresh Kore	ICMR

Ongoing Sponsored Clinical Trials: (1)

Sl.no	Name of PI	Title of Project	Sponsoring Agency
1	Dr Vaishali Deshapande	Evaluation of efficacy and safety of Softovac Women in the Management of Irregular bowel habits (Constipation) in Women –An Open label, Randomized, Comparative, Multi centric, Interventional, Prospective Clinical Study	Lupin Limited

Ongoing IMR Projects (4)

Sl.no	Name of PI and CoPI	Title of project
1	Dr. Parvathy and Dr. Abhilesh	Effect of classical Virechana (Purgation therapy) an AntiMullerian Hormone and ovulation as a preconceptional care – A pilot study
2	Dr. Jignasha and Dr. Anagha Mathad	Pharmaceutical Analytical and Pilot Clinical Study of Bellytone Oil Spray for Striae distensea in Puerpural woman
3	Dr. Rahul Jadhav	Evaluation of an Anti-Ageing Effect of Bhallataka Rasayana Through Physiological, Biochemical and Gene Expression Analysis
4	Dr. Sariput Bhosikar	Standardization and In vitro evaluation of antiproliferative potential of lodhrasheetadi Agada against Hepatocellular Carcinoma Cell Lines

STUDENT CORNER:

Sl.NO	Name of the Student	Innovation/Start Up Idea	Agency
1	Dr. Ved Purohit	Ayurnidra	SSIP, Govt. of Gujarat
2	Dr. Bobby Parmar	Mukesh Naturals	Health Tech

FACULTY CORNER

Publication: Published **85** research & review articles and 3 books.

List of Books and chapters published: **Three** Books were published

List of Publications:

Sl.No	Title	Name of the Faculty
1	Development, pharmaceutical analysis and invitro evaluation of modified herbal fumigation formulation	Dr Prasanna Mathad
2	Development and Phytochemical Analysis of a Novel Herbal Medhya (Memory booster)-Chocolate	Dr Anagha Mathad Dr Prasanna Mathad
3	Preparation And Phytochemical Analysis of Palandwadi Nasal Spray	Dr Divya B Dr Prasanna Mathad
4	Marma Therapy in Facial Palsy – A Case Report.	Dr Shailesh
5	Agnikarma In The Management Of Hemorrhoids W.S.R. To Arshas	Dr Shailesh
6	A Clinical Case Study Of Sariva Kshara Sutra With Partial Fistulectomy In The Management Of Bhagandara (Fistula-InyAno)”	Dr Shailesh
7	Bridging Ayurveda and Surgery: Sariva Kshara Sutra with Partial Fistulectomy for Fistula-In-Ano: A case study	Dr Shailesh
8	Agnikarma Procedures in Classical and Present Era	Dr Shailesh
9	Historical Research On Marma Science And Management Of Manyastambha With Marma Therapy -A case report of an Ancient Healing Technique	Dr Shailesh
10	A Randomized Clinical Controlled Trial to Evaluate Post Episiotomy Analgesic Effect by	Dr Shailesh

	Application	
11	Comparative In Vivo And Clinical Study Of Karamardadi Tablet And Diclofenac Sodium Tablet In Post Haemorrhoidectomy Pain Management In Wister albino Rats	Dr Shailesh
12	Standardization and effect of kunapajala in conservative cultivation	Dr Suwarna Meshram Dr Arun Raj
13	An Overview of Gheranda Samhita: A classical treatise of Hatha Yoga	Dr Srikanth V M
14	Critical Analysis of MS Arogyalavana in comparison to Rasendra Chudamani.	Dr Amit Upsani
15	PHARMACOLOGICAL APPRAISAL OF GALACTAGOGUE CHOCOLATE: A HERBAL NUTRITIONAL	Dr Suwarna Meshram Dr Arun Raj
16	Review of Siddhasar Samhita of Ravigupta: An essential Ayurved Text	Dr Amit Upsani
17	Review of Dooshivisha in Dermatology:	Dr. Adhishree Bhat M.G, Dr. Ajit
18	Tracing the turmeric trio under the lens: comparative Pharmacognostical evaluation of rhizome of curcuma longa (Haridra), curcuma amada	Dr. Suwarna A Meshram, Dr. Bhavin Dhanavade
19	Yusha as primary single drug	Dr. Suwarna A Meshram
20	And tikta patol (trichosanthes	Dr. Suwarna A Meshram
21	Remarkable Glycemic Control in Prameha Diabetes mellitus type 2) with Nishakatkadi Kwath and Chandraprabha Vati: A Case Report	Dr. Bhavin Dhanavade, Dr. Suwarna A Meshram
22	Clinical Diagnosis of Silver-Russel Syndrome Using Netchine-Harbison	Dr. Arun Raj GR
23	Added Effect of Darvyadi Dhoomapana in Kaphaja Pratishyaya (Chronic Simple Rhinitis)	Dr. Arun Raj GR
24	Ayurvedic Management of Switra (Vitiligo) in a Child Using Shaman Aushadhi: A Case Report	Dr. Arun Raj GR
25	Ayurvedic (Traditional Indian Medicine) management of Spastic Cerebral Palsy in children: Case report	Dr. Arun Raj GR
26	Ayurvedic Management of Mitochondrial Disease: A Case Report	Dr. Arun Raj GR
27	Ayurvedic management of vipadika in children – A Case report	Dr. Arun Raj GR
28	Ayurvedic management of mukhapaka (chronic Recurrent aphthous stomatitis) in children: a case Report	Dr. Arun Raj GR
29	Approach to global developmental delay: a case Report	Dr. Arun Raj GR
30	Ayurvedic management of spastic cerebral palsy: A Case report	Dr. Arun Raj GR
31	Ayurvedic management of mucopurulent chronic bronchitis in children: A Case Report	Dr. Arun Raj GR

32	Ayurvedic understanding of chronic mucopurulent bronchitis in children: A narrative review	Dr. Arun Raj GR
33	Ayurvedic management of global developmental Delay – case report	Dr. Arun Raj GR, Dr. Nikita Vasava
34	Invitro antimicrobial study of vidangadi vati	Dr. Nikita Vasava
35	Ayurvedic Management of Herpes Zoster (Visarpa): A Case Report	Dr. Sreevisakh TS, Dr. Arun Raj GR
36	Elakanadi Kashaya In Pediatrics: An Ayurvedic Approach To Respiratory Health	Dr. Anoop K Sasikumar
37	Ayurvedic Management of Somatic Symptom Disorder: A Case Report	Dr. Malavika B
38	Gas Chromatography-Mass Spectrometry (GC-MS)-Based Phytochemical Analysis and Potential Therapeutic Evaluation of Vajra Guggulu in	Dr. Vaishali Deshpande
39	A Scientometric Analysis Of Knee Osteoarthritis From Pubmed And Sciencedirect	Dr. Vaishali Deshpande
40	Hashimoto’s thyroiditis and hypothyroidism, treated with Shamana Chikitsa principles of Panduroga – A case report	Dr. Vaishali Deshpande
41	Integration of Nasal Cytology in Ayurvedic Diagnosis of Doshik Pratishaya A Pilot study	Dr. Vaishali Deshpande
42	Therapeutic Effect of Virechana (Therapeutic purgation) on Insulin Resistance among Prediabetic Individuals: A Case Series	Dr. Vaishali Deshpande, Dr. Divya B
43	Ayurgenomics of Metabolic Risk: A Cross-Sectional Study Linking Kapha Prakriti with Pre-Diabetic Markers	Dr. Naresh Kore
44	Effects Of Short-Term Sleep Hygiene Intervention On Fasting Blood Glucose In Pre-Diabetics: A 10-Day Pilot Study	Dr. Naresh Kore
45	Exploring the therapeutic impact of shiva gutika, classical dietetics & tridoshic balancing in a 90-day protocol, in pre diabetes - a single case study	Dr. Naresh Kore
46	Clinical Evolution of Ayurvedic Management in a Case of Chronic Kidney Disease	Dr. Naresh Kore
47	Met Analysis of Jeevantyadi Ghreeta Eye Drops	Dr. Nimesh P Sangode, Dr. Ravi Joshi
48	Therapeutic potential of Sahadevi (Cyanthillium cinereum (L.) H. Rob.) in Netra Roga Chikitsa: A classical and	Dr. Ganesh Tejasvi S
49	Concept of Majja Dhatu and its significance in the Diagnosis and Management	Dr. Mariya Husain
50	Pharmacological and Analytical Study of Chandrashoor Seed (Lepidium sativum L.) Ethanolic Extract	Dr. Mariya Husain
51	Understanding Manasa Prakriti through Modern Psychology : An Ayurvedic Review based on the Dass - 42 Questionnaire	Dr. Mariya Husain

52	Proper eating conduct as a pathway to disease prevention: A systematic review	Dr. Mariya Husain
53	Reviving Hair Naturally: An Ayurvedic Case Report on Indralupta (Alopecia)	Dr. Mariya Husain
54	Review on Ayurvedic Concept of Nidra Viparyaya (Improper Sleep)	Dr. Vaibhav A Biradar
55	Review on contemporary Dietary concepts and Pathya Kalpana mentioned in Ayurveda- A comparative analysis	Dr. Vaibhav A Biradar
56	Circadian Rhythms: Role of Tridosha in Sleep-Wake Cycle	Dr. Vaibhav A Biradar
57	A comprehensive review on the physiology of nidra and swapna: Insights from ayurveda and modern science	Dr. Vaibhav A Biradar
58	Physiological basis of triguna theory: exploring the neuropsychological correlates of sattva, rajas, and tamas	Dr. Vaibhav A Biradar
59	Impact of Diet and Lifestyle on Agni in different Deha Prakriti individuals of Urban Population	Dr. Vaibhav A Biradar
60	Comparative Clinical Evaluation of Traditional and Electronic Yoni Dhupana Using Saraladi Yoga in the Management of Yonigata Lakshanas: A Dual Case Study	Dr. Manjusha Karkare
61	Phytochemical Profiling and Analytical Standardization of Saraladi Yoga: An Ayurvedic Vaginal Fumigation Formulation	Dr. Manjusha Karkare
62	Comprehensive Assessment and Validation of an Integrated Premenopausal Symptom Questionnaire	Dr. Manjusha Karkare
63	Management of Uterine Leiomyoma using Ayurveda treatment modalities : A Case Report	Dr. Manjusha Karkare
64	Comparative analysis of menopausal symptom intensity: A pilot study in pre- menopausal and post- menopausal women	Dr. Manjusha Karkare
65	Acute oral toxicity of herbo- mineral combination: Talisadi yoga in Wistar albino rats	Dr. Manjusha Karkare
66	Comparative In-vitro Study of Darvyam Urocare Syrup and Tab Cefixime for Managing Urinary Tract Infections in	Dr. Manjusha Karkare
67	IFTAK-A Modified Technique of Ksharasutra Therapy	Dr. Shailesh Jaiswal
68	Diabetic Foot Ulcer Management through Ayurveda: A Detailed Case Analysis	Dr. Chandrakant Pawar, Dr. Shailesh Jaiswal
69	Management of Bacterial Folliculitis by Jalaukavcharan: A Case Study	Dr. Chandrakant Pawar, Dr. Shailesh Jaiswal
70	Review of Suvarna (Gold) in Tantratmak Ravana Samhita.	Dr. Amit Upasani

71	Comparative efficacy of abhyanga and abhyanga combined with physiotherapy in the management of janusandhigata vata: A randomized interventional study	Dr. Anagha Mathad, Dr. BG Kulkarni, Dr. Prasanna Mathad, Dr. Amit
72	The Mapping of the concepts and its Application of Ashtanga yoga with Blooms taxonomy	Dr. Anagha Mathad, Dr. Amit Upasani, Dr. Prasanna
73	The Impact of "SMRITI" Polyherbal Chocolate on Cognitive Performance	Dr. Anagha Mathad, Dr. Prasanna Mathad
74	Dhatusamya: The Ayurvedic Concept of Homeostasis and its Clinical Significance	Dr. Yogita Mandle
75	Impact of nyaya philosophy on the elaboration of ayurvedic principles: A detailed examination	Dr. Yogita Mandle
76	Understanding Purisha Through the Brihtrayi: A Conceptual Analysis	Dr. Yogita Mandle
77	A Critical Review on Revolutionizing Electrocardiogram Analysis: The Convergence of Artificial Intelligence Algorithms and	Dr. Prashant Patil, Dr. Parvathy Sreekumar
78	Exploring Nidana of Amavata from Madhava Nidana and its Relevance in Modern Day Lifestyle	Dr. Prashant Patil, Dr. Hrishita Dahilekar
79	From Concept To Construct: Navigating The Rigor Of Instrument Validation Of Ojo Dushti For Ayurvedic Clinical Research	Dr. Manjusha P
80	A Comprehensive Review On Kasa Roga In Ayurvedic Samhitas	Dr. Manjusha P, Dr. Prashant Patil
81	Ayurvedic Management Of Vatarakta With Special Reference To Gouty Arthritis: A Single Case Study	Dr Hrishita S Dahilekar
82	A controlled case study of inflammatory markers With nadi tarangini as a screening test in pranavaha Srotas dushti with special	Dr Hrishita S Dahilekar
83	Ayurvedic–Neurological Correlation Between Pakshaghata And CVA: Pathophysiological Insights Into Manovaha Srotas And Clinical Impact Of Nasya And Shirodhara	Dr Hrishita S Dahilekar, Dr Prashant Patil
84	The Role Of Ayurvedic Principles In Holistic Health Management: A Comprehensive Review Of Ancient Practices And Modern Applications	Dr. Archana Panchaxarimath
85	Priyangu (Foxtail Millet) Review on Nutritional Profile, Therapeutic Benefits and Culinary Applications	Dr. Rahul Jadhav

Sr. No.	Author's	Title of the Book/ Chapter Published	ISSN/ISBN/ DOI number of the proceeding	Name of the publisher
1	Dr. Arun Raj GR	Research Methodology & Medical Statistics for MD/MS Ayurveda preliminary	9789393068569	Chaukhamba Prakashan, Varanasi
2	Dr. Arun Raj GR	Research Methodology & Medical Statistics for BAMS	9789393068941	Chaukhamba Prakashan, Varanasi
3	Dr. Milind Chatrabhuji	विद्यावर्धनम् : A Guide Book for Success in NTET (National Teachers' Eligibility Test)	ISBN-13 9789334029871 ISBN-109334029870	Self-published (Dr. Milind Chatrabhuji)

8 Field Visits and 4 industrial visits were conducted.

Awards:

SL.NO	NAME OF THE TEACHER	DATE	NAME OF THE AWARD/MEDAL
1	Dr Tangana Gamit	01-Jul-25	National Doctor's Day
2	Dr Nikita Vasava	01-Jul-25	National Doctor's Day
3	Dr Vivek M	01-Jul-25	National Doctor's Day
4	Dr Abha L Ravi	01-Jul-25	National Doctor's Day
5	Dr Naresh Kore	01-Jul-25	Ayurveda seva ratna Purskar
6	Dr Suvarna Meshram	01-Jul-25	Ayurveda seva ratna Purskar
7	Dr Tangana Gamit	01-Jul-25	Ayurveda seva ratna Purskar
8	Dr Anup KS	01-Jul-25	Ayurveda seva ratna Purskar
9	Dr Bhavin Dhanavade	01-Jul-25	Ayurveda seva ratna Purskar

10	Dr Kruti Patel	01-Jul-25	Ayurveda seva ratna Purskar
11	Dr Puja Purohit	01-Jul-25	Ayurveda seva ratna Purskar
12	Dr Arun Raj	01-Jul-25	Ayurveda seva ratna Purskar
13	Dr Nikita Vasava	01-Jul-25	Ayurveda seva ratna Purskar
14	Dr Rahul jadhav	01-Jul-25	Ayurveda seva ratna Purskar
15	Dr Shreevisakh TS	01-Jul-25	Ayurveda seva ratna Purskar
16	Dr Daivat Vora	01-Jul-25	Ayurveda seva ratna Purskar
17	Dr. Archana P	01-Jul-25	Ayurveda seva ratna Purskar
18	Dr Reshma Shaji	01-Jul-25	Ayurveda seva ratna Purskar
19	Dr Vivek M	01-Jul-25	Ayurveda seva ratna Purskar
20	Dr Chitra G	01-Jul-25	Ayurveda seva ratna Purskar
21	Dr Gauri Shrma	01-Jul-25	Ayurveda seva ratna Purskar
22	Dr Manjusha Karkare	01-Jul-25	Ayurveda seva ratna Purskar
23	Dr Prachi Vishwakarma	01-Jul-25	Ayurveda seva ratna Purskar