

PARUL INSTITUTE OF AYURVED & RESEARCH

SEMINAR/WEBINAR - 2026

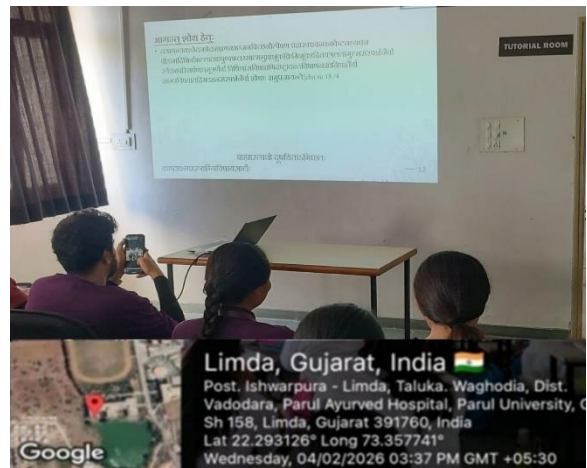
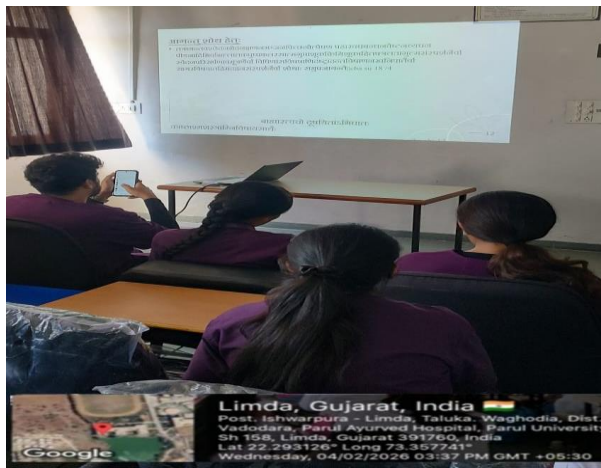
WEBINAR ON RITU SHODHAN

The webinar was conducted for the PG students of Parul Institute of Ayurved and Research on 22nd January 2026 at 11.15 am to 12.00pm. The welcoming and Introduction of the guest speaker was done by Dr. Mahesh Dodiya, assistant Professor, Depart of Panchakarma, PIAYR. After that the session was headed by Dr. Vandana Rani Mam. She beautifully explained about the Understanding the Ritu shodhan, Importance of it and Application of Ritu shodhan in Current Day to day life. It was a very well informative session. After that there was a Questions and answer session was held, some of the students asked Questions and Dr.Vandana Mam answered well. At the end of the session vote of thanks was expressed by Dr. Divya B. Mam and the session was concluded.



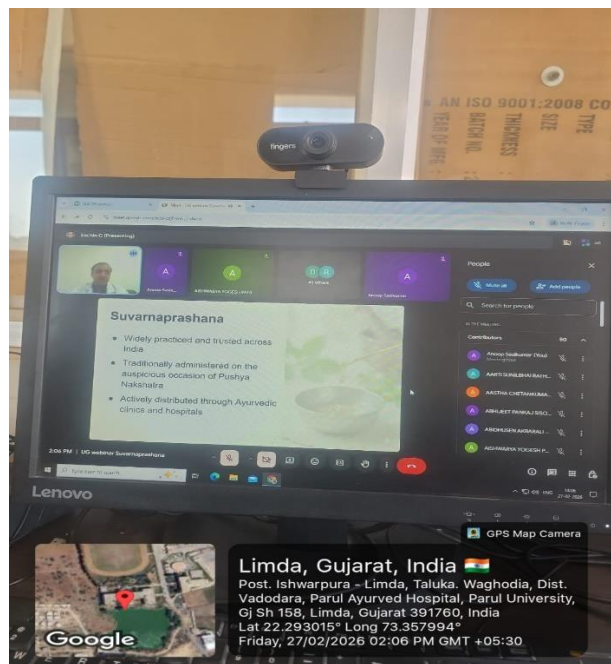
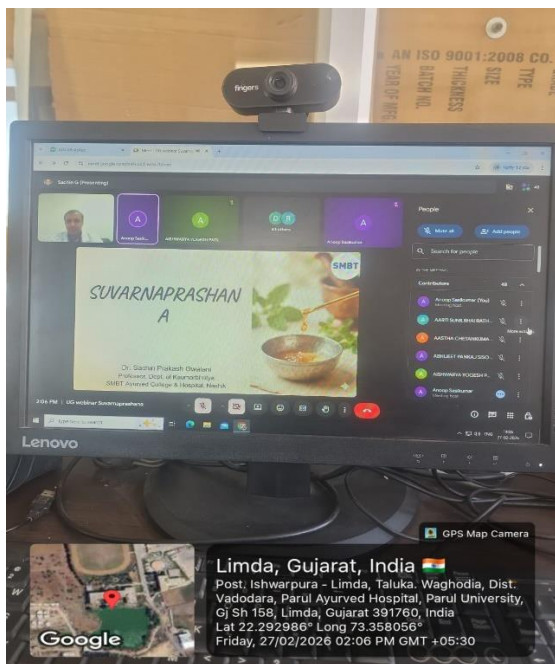
WEBINAR ON NIDANA PANCHAKA OF SHOTHA

The Webinar lecture for PG scholars was organized by Roga Nidana Evum Vikruti Vigyan department of Parul Institute of Ayurved and Research, Ishwarapura Vadodara, in the month of February 2026, in the PG Tutorial room. First, we addressed and introduced our speaker, Dr. ABHITHA A, ASSISTANT PROFESSOR ROGA NIDAN DEPARTMENT, then presented the agenda of the webinar lecture to all students. Dr. ABHITHA A, provided an overview and briefed the students on Nidana Panchaka of Shotha. Dr. ABHITHA A, delivered the lecture through PPT, including images, some video-related topics and in between, the madam correlated with patients for easy understanding of the topic. Finally, she interacted with and discussed the topic with students.



WEBINAR ON SUVARNAPRASHANA

Webinar series was conducted on 27th February 2026. It was organized by the Department of Kaumarbhritya PIAR. Program was moderated by **Dr Anoop.K.Sasikumar, Assistant professor, KB dept.** Timing was 2 pm – 3pm. Topic for the webinar – “**Suvarnaprashana**”. Our resource person **Dr Sachin Prakasha Gwalani** talked about the importance of **Suvarnaprashana**.



WEBINAR ON PRACTICAL UTILITY OF SWEDANAKARMA

The webinar was conducted for the PG students of Parul Institute of Ayurved and Research on 20th March 2026 at 11.15 am to 12.00pm. The welcoming and Introduction of the guest speaker was done by Dr. Mahesh Dodiya, assistant Professor, Depart of Panchakarma, PIAYR. After that the session was headed by Dr. Shubham Verma sir. He beautifully explained about the Understanding of the Swedankarma, Importance, Application and Clinical Utility in Practice. It was a very well informative session. After that there was a Questions and answer session was held, some of the students asked Questions and Dr.Shubham sir answered well. At the end of the session vote of thanks was expressed by Dr. Divya B. Mam and the session was concluded.



WEBINAR ON CLINICAL UTILITY OF SNEHAPANA FROM TEXT TO PRACTICE

The webinar was conducted for the PG students of Parul Institute of Ayurved and Research on 29th April 2026 at 10.00 am to 11.00am. The welcoming and Introduction of the guest speaker was done by Dr. Mahesh Dodiya, assistant Professor, Depart of Panchakarma, PIAYR. After that the session was headed by Dr.Kadambari mam she explained about the Clinical Utility of Snehapana from Text to Practice, Importance, and Application. It was a very well informative session. After that there was a Questions and answer session was held, some of the students asked Questions and Dr. Kadambari answered well. At the end of the session vote of thanks was expressed by Dr. Jignasha Charel. Mam and the session was concluded.

