

# **PARUL INSTITUTE OF AYURVED & RESEARCH**

## **WORKSHOPS 2026**

### **WORKSHOP ON REFERRAL OF MALNOURISHED CHILDREN FOR ANGANWADI WORKERS**

The Department of Kaumarabhritya, Parul Institute of Ayurved and Research, Parul University, organized a Short Term Training Programme (STTP) titled “**Training on Referral of Malnourished Children for Anganwadi Workers**” on 28 January 2026 from 2:00 PM to 3:00 PM. The programme was conducted as a part of MoU-based community outreach activity in collaboration with the ICDS Department and aimed at strengthening grassroots-level child healthcare services.

A total of **52 Anganwadi workers** from different Anganwadi centers actively participated in the training programme. The session commenced with a brief introduction highlighting the importance of early detection and timely referral of malnourished children to prevent long-term morbidity and mortality.

The first technical session was delivered by **Dr. Arun Raj GR**, HOD and Professor, Department of Kaumarabhritya. He explained the concept of childhood malnutrition from both modern and Ayurvedic perspectives. Emphasis was given on identifying signs of undernutrition, grading of malnutrition, growth monitoring, and red-flag symptoms requiring immediate referral. He also discussed the Ayurvedic understanding of Karshya and its relevance in pediatric clinical practice.

The second session was conducted by **Dr. Shivani Pandya**, Government Medical Officer, Amodar. She elaborated on the **referral mechanisms**, documentation procedures, and the role of Anganwadi workers in bridging community-level care with primary and secondary healthcare facilities. Practical guidance was provided regarding when and where to refer malnourished children, coordination with Medical Officers, and follow-up strategies after referral.

The session was interactive, with active participation from Anganwadi workers. Several real-life case scenarios were discussed, and participants shared their field experiences and challenges. The experts addressed their queries related to referral delays, parental counseling, and inter-departmental coordination.

The programme concluded with a summary of key learning points and an emphasis on strengthening community-based child health interventions. Overall, the training programme successfully enhanced the practical knowledge and confidence of Anganwadi workers in handling malnutrition cases effectively.



### WORKSHOP ON BREAST SELF EXAMINATION

Dr.Rita Makim, Professor PTSR Department took awareness program related to general gynaecological diseases and then Dr.Gauri Sharma,Assistant Professor of Department of Prasuti tantra & Streeroga welcomed the speaker and delivered introductory speech about the speaker. Dr. Shraddha delivered lecture on importance of early diagnosis of breast cancer to reduce fatal rate. Then speaker gave training of breast self examination. It was totally interactive session. Then Dr Prashant, Associate professor PTSR department delivered thank you speech.



### TWO DAYS INTENSIVE HANDS ON TRAINING IN BIO-INFORMATICS: FROM CONCEPTS TO COMPUTATIONAL APPLICATIONS

The Department of Dravyaguna Vigyan organized a Two-Day Intensive Hands-on Training Programme on “Bioinformatics: From Concepts to Computational Applications” from 18/02/26 to 19/02/26, 2-5 pm exclusively for faculty members, with the objective of strengthening their conceptual clarity and enhancing their practical competence in modern computational techniques used in pharmacological research. The programme was conducted under the expert guidance of Dr. Pinkal H. Patel, Professor and Vice Principal, whose rich academic insight and research expertise added great depth to the sessions. The training aimed to empower faculty members with updated knowledge and technical skills so

that they could integrate computational approaches into teaching, research guidance, and interdisciplinary projects.



### 02 DAYS TRAINING PROGRAMME ON CCRAS STANDARDIZED PRAKRITI ASSESSMENT SCALE (SPAS) AND AYUR PRAKRITI WEB PORTAL

The Department of Kriya Sharir, Parul Institute of Ayurved and Research, organized a **2-day training workshop** on “CCRAS Standardized Prakriti Assessment Scale (SPAS) and AYUR Prakriti Web Portal” for postgraduate scholars.

The workshop was conducted under the guidance of expert resource persons **Dr Jayprakash Ram and Dr Parth Dave**, Research Officers from CCRAS, Ahmedabad.

The entire program was **coordinated by Dr. Kajal R. Senghani**, and the sessions were effectively **anchored by Dr. Kinjal and Dr. Nidhi (R2 Postgraduate Scholars)**.



## **WORKSHOP ON SPINOCARE 2026**

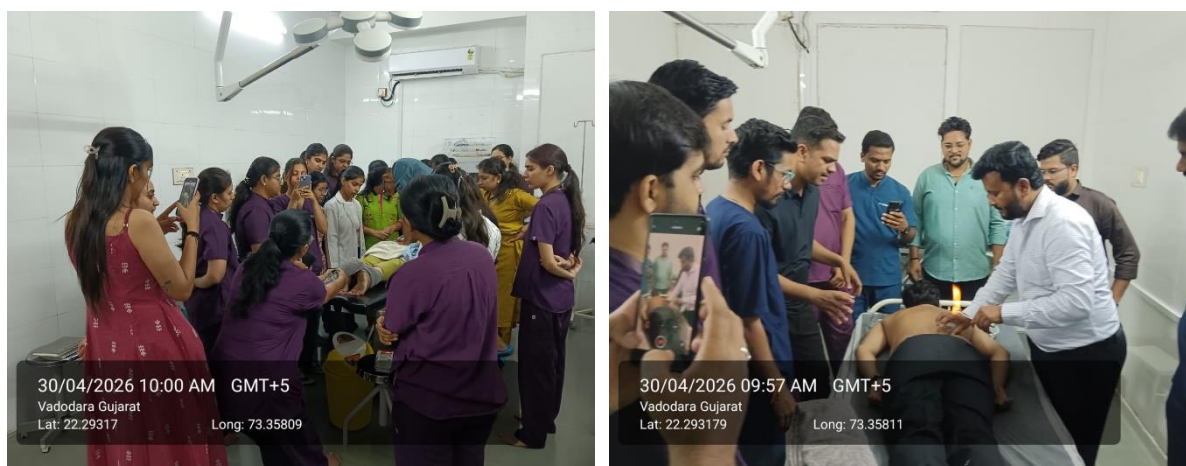
SPINOCARE 2026 was a workshop and hands-on training program on comprehensive Shalya Tantra approaches for the management of joint and spine disorders. It was organized by the Department of Shalya Tantra, Parul Institute of Ayurved and Research, Parul University, Vadodara, and held on 29th and 30th April 2026 at Dhanwantari Hall of the institute.

The main aim of the program was to enhance the practical knowledge and clinical skills of participants in the management of musculoskeletal conditions through Ayurvedic surgical principles. The workshop focused on understanding various joint and spine disorders and their treatment using classical Shalya Tantra techniques along with their relevance in modern practice.

During the two-day program, participants were given hands-on training and live demonstrations of different procedures related to pain management and spine care. Experts guided the participants through practical sessions, case discussions, and interactive learning activities. Traditional Ayurvedic techniques such as Agnikarma and other therapeutic procedures were explained and demonstrated to provide better clinical exposure.

The workshop was attended by undergraduate and postgraduate students, interns, faculty members, and Ayurvedic practitioners. It provided an excellent platform for learning, interaction, and skill development. Participants gained better insight into the practical application of Ayurvedic principles in treating joint and spine disorders.

Overall, SPINOCARE 2026 was a successful and informative program that helped improve the clinical understanding and confidence of the participants in the field of Shalya Tantra.



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