

FACULTY OF LIBERAL ARTS BACHELOR OF PSYCHOLOGY

Course Curriculum:

Semester	Subject title	Subject Category	Credit
1	MIL-1 (Basic English/ Gujarati / Hindi)	AEC	2
1	VAC-1 (Climate Change & Sustainable Environment)	VAC	2
1	SEC-1 (Academic Skills)	SEC	2
1	University Elective – (Fundamentals of Investment/NGO Management/Digital Media)	Multidisciplinary	4
1	Minor Sub – 1 (JMC, Sociology, Geography, Political Science)	Minor	4
1	Introduction to Psychology	DSC	4
1	Social Psychology	DSC	4
Total			22

FACULTY OF ARTS BACHELOR OF ARTS IN PSYCHOLOGY
SEMESTER- I
SUBJECT TITLE- Introduction to Psychology SUBJECT CODE 15010501DS04

Prerequisite:	<ul style="list-style-type: none"> ● Knowledge of the English Language ● Basic General Knowledge.
Rationale:	This course will help students to understand the basics of psychology, and how to study human behaviour in a scientific way.
Objectives:	<p>Through this course, students will be able:</p> <ul style="list-style-type: none"> ● Explain psychology as a science, its origins, development, and the various research methods used in psychological studies. ● Analyze the fundamental cognitive functions such as perception, learning, and memory, and their role in human behavior. ● Discuss the psychological theories of motivation, the role of emotions in behaviour, and major perspectives on personality development. ● Describe the structure and function of neurons, the nervous system, and key brain structures involved in behaviour and mental processes. ● Explore the different levels of consciousness, including wakefulness, sleep cycles, and altered states of consciousness. ● Differentiate between major branches of psychology, including clinical, counselling, industrial-organizational, and other applied fields.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
4	0	0	4	60	0	20	20	0	100

Unit	Topic	Weightage %	Teaching Hrs.
1	<p>Introduction</p> <ul style="list-style-type: none"> ● Definition of Psychology, Origin and development of psychology ● Approaches of Psychology ● Schools of Psychology: Structuralism, Functionalism, Psychology, Behaviorism, 	14	9

	Psychoanalysis Sub-Fields of Psychology		
2	Methods in Psychology <ul style="list-style-type: none"> ● Quantitative: Method- Experimental Method, Psychological Method, Case study method. ● Quantitative Method- Observation Method, Case study method, Phenomenological approach 	18	11
3	Sensation, Perception & Attention <ul style="list-style-type: none"> ● Visual, auditory and other senses: Structure and Functions Attention: Process, characteristics, factors ● Perception: Organizing Principles: Figure-Ground grouping; perceptual constancies: shape, size, brightness; depth perception : monocular and binocular cues; illusions; factors affecting perception ● Attention: nature, definition, types of attention, and selective and sustained attention. ● Application of Perception and attention in everyday life. 	17	9
4	Learning <ul style="list-style-type: none"> ● Definition of Learning ● Theories of learning ● Factors affecting learning ● Kinds of learning ● Transfer of learning ● Application of Learning in everyday life. 	15	9
5	Memory <ul style="list-style-type: none"> ● Definition ● Models of memory ● Types of memory ● Measures of Retention: recall, recognition and saving ● Nature, theories and causes of memory. ● Strategies for enhancing memory: Mnemonics 	18	11
6	Motivation and Emotion <ul style="list-style-type: none"> ● Nature and definitions ● Motivational cycle ● Maslow's theory of hierarchy ● Frustration of motives and conflict ● Basic approaches to motivation ● Primary & Social motives ● Emotion -Definition, types and theories 	18	11
	Total	100%	60 Hrs.

References:

1	Baron, R. A., & Misra, G. <i>Psychology: Indian Subcontinent Edition</i> . Pearson (5 th Edition)
2	Passer, M. W., & Smith, R. E. <i>Psychology: The Science of Mind and Behavior</i> . McGraw-Hill. (4 th Edition)
3	Kalat, J. W <i>Biological Psychology</i> (14th ed.). Cengage Learning

Course Outcomes: (4-6 CO's)

No.	Course Outcome
CO1	CO1: Develop Scientific Thinking – Apply psychological principles to analyze real-world phenomena.
CO2	CO2: Understand Human Cognition – Utilize cognitive psychology to enhance learning, memory, and perception.
CO3	CO3: Manage Emotions and Motivation – Apply psychological theories to improve emotional well-being and motivation.
CO4	CO4: Analyze Biological Influences – Understand how neural and biological factors influence behavior and mental processes.
CO5	CO5: Improve Mental and Behavioral Health – Use psychological knowledge to support well-being and mental health.
CO6	CO6: Apply Psychology in Professional Fields – Identify how psychology is used in different professional areas

FACULTY OF ARTS BACHELOR OF ARTS IN PSYCHOLOGY
SEMESTER- I
SUBJECT TITLE- Social Psychology SUBJECT CODE 15010501DS03

Prerequisite:	<ul style="list-style-type: none"> ● Knowledge of the English Language ● Basic General Knowledge.
Rationale:	This course will help students to understand the basics of social psychology, how people function in groups, social cognition, social perception and social influence.

Objectives:	<p>Through this course, students will be able:</p> <p>The describe the basic concepts and methods of research in social psychology To define and distinguish different concept of self and identity.</p> <p>To analyse the impact of social cognition, stereotypes and prejudice on human behaviour.</p> <p>To evaluate the role of non-verbal communication, attribution and persuasion in social perception.</p> <p>To identify the role of social interaction and social influence in shaping human behaviour.</p> <p>To understand and differentiate individual and group behaviour in social context.</p>
--------------------	--

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
4	0	0	4	60	0	20	20	0	100

Unit	Topic	Weightage %	Teaching Hrs.
1	Introduction <ul style="list-style-type: none"> ● Definition, Nature & Scope ● History of social psychology ● mous experiments 	15	9
2	Self <ul style="list-style-type: none"> ● Understanding self and its processes ● Personal v/s social identity ● Self-esteem, self-knowledge, self-presentation ● Self-comparison ● Self-control and self-regulation 	18	11
3	Social cognition <ul style="list-style-type: none"> ● Schemas ● Heuristics ● Prototypes ● Errors in cognition Stereotypes, Prejudice, Discrimination	16	9

4	Social perception <ul style="list-style-type: none"> ● Non-verbal communication ● Attribution and attribution theories Impression formation and impression management	15	9
5	Social interaction and influence <ul style="list-style-type: none"> ● Interpersonal attraction ● Prosocial behaviour ● Aggression Social influence- Conformity, compliance, obedience	18	11
6	Individual and group behavior in social context <ul style="list-style-type: none"> ● Attitude, values, beliefs, public opinions ● Group processes; formation of group, types of groups ● Group formation ● Group functions; roles, status norms and cohesiveness Coordination in groups; cooperation v/s conflict, decision making in groups	18	11
Total		100%	60 Hrs.

References:

1	Taylor S. E., Peplau L.A. & Sears D.O. Social Psychology 12th Edition. Pearson
---	--

Course Outcome

No.	Course Outcome
CO1	To explain the basic concept and historical developments of social psychology
CO2	To apply their understanding of self in the social context.
CO3	To evaluate the role of social cognition, stereotype and prejudice in social behavior.
CO4	To interpret the role of non verbal communication, attribution and persuasion in human behavior
CO5	To explain and evaluate the role of prosocial behavior, conformity and compliance in social context.
CO6	To analyze the role of groups in shaping individual behavior.

FACULTY OF ARTS BACHELOR OF ARTS IN PSYCHOLOGY
SEMESTER- 1
SUBJECT NAME- BRAIN AND BEHAVIOR
SUBJECT CODE- 15010101UE01

Prerequisite:	<ul style="list-style-type: none"> ● Knowledge of English Language ● Basic General Knowledge
Rationale:	<ul style="list-style-type: none"> ● This course is design to equip students with the knowledge of Psychology. ● This course imparts knowledge and skills required for psychology ● This course aims to equip students with the basic understanding of theories, empirical research, and applications of psychology in various domains..
Objectives:	<ul style="list-style-type: none"> ● Examine key concepts of human development, brain functions, and cognitive processes.. ● Analyze the role of sensation, perception, and intelligence in shaping behavior. ● Evaluate major theories of personality, intelligence, and creative thinking ● Apply psychological principles to understand gender, sexuality, and individual differences.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
4	0	0	4	60	0	20	20	0	100

Unit	Topic	Weightage %	Teaching Hrs.
1	Human Development Meaning, <ul style="list-style-type: none"> ● Difference between Growth, Development, Maturation and Evolution ● Factors Influencing Development ● Overview of Developmental stages- Prenatal stage, Infancy, Childhood, Challenges, Adolescence, Adulthood, old age 	15	10
2	Sensation, Attention & Perception <ul style="list-style-type: none"> ● Basics of Brain and Nervous system ● Sensation: Definition, Types- Vision, Audition, Gustation, Olfaction, Touch ● Attention: Definition, Types ● Perception: Figure-Ground perception, perceptual constancies: shape, size, brightness ● Depth perception: monocular and binocular cues; Illusions	20	10

3	Thinking <ul style="list-style-type: none"> ● Nature and Processes ● Problem Solving ● Reasoning ● Decision Making ● Developing Creative Thinking ● Barriers to Creative Thinking ● Strategies for Creative Thinking 	15	10
4	Intelligence <ul style="list-style-type: none"> ● Theories of Intelligence- Multiple Intelligence theory, Triarchic Theory of Intelligence, PASS Model of Intelligence ● Individual Differences in Intelligence ● Emotional Intelligence 	15	10
5	Personality <ul style="list-style-type: none"> ● Concept of Self and Personality ● Major Approaches of Personality- Trait & Type Approaches, Five-Factor Model, Psychodynamic Approach, Behavioral Approach, Humanistic Approach ● Assessment of Personality- Self-report Measures, Projective Techniques 	20	10
6	Sexuality and Gender <ul style="list-style-type: none"> ● Physical and psychological side of psychology ● Gender theories ● Human sexual behavior ● Sexual dysfunction and problems 	15	10
	Total	100%	60 Hrs.

References

1	Introduction to psychology, Baron R McGraw Hill Publishing House, New Delhi
2	Ciccarelli, S. and White, J., 2017. <i>Psychology</i> . Harlow, Essex: Pearson. (5 th edition)

Course Outcome

No.	Course Outcome
CO1	Explain the stages of human development and factors influencing growth.
CO2	Differentiate between sensation, attention, and perception processes.
CO3	Apply problem-solving and decision-making strategies to real-life situations.
CO4	Assess various intelligence theories and their implications for learning and behavior.
CO5	Evaluate personality theories and assessment methods.
CO6	Analyze the psychological aspects of gender, sexuality, and related challenges

FACULTY OF ARTS
BACHELOR OF ARTS IN PSYCHOLOGY SEMESTER I
SUBJECT TITLE - Psychology - I (MINOR) SUBJECT CODE 15010401PG01

Prerequisite:	<ul style="list-style-type: none"> ● Knowledge of English Language studied till 12th Standard ● Basic General Knowledge.
Rationale:	<ul style="list-style-type: none"> ● To make students aware about the basics aspects of psychology ● Course Examine the major avenues that psychology is currently exploring ● Course equip students with the basic Understanding the underlying basics of cognitive psychology ● Facilitate learning and understanding of cognitive processes
Objectives:	<ul style="list-style-type: none"> ● Develop awareness among students about the fundamental aspects and principles of psychology as a scientific discipline. ● Examine the major contemporary avenues and emerging fields that psychology is currently exploring, enabling students to appreciate its diverse applications. ● Equip students with a foundational understanding of cognitive psychology and its underlying theoretical and experimental basis. ● Facilitate learning and comprehension of key cognitive processes such as perception, attention, memory, learning, and problem-solving. ● Encourage critical thinking and application of psychological concepts to everyday behavior and real-life situations.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
4	0	0	4	60	0	20	20	0	100

Unit	Topic	Weightage %	Teaching Hrs.
1	Introduction to Psychology <ul style="list-style-type: none"> ● Definition of Psychology, Psychology as a Natural and Social Science ● Schools of Psychology: Structuralism, Functionalism, Gestalt Psychology, Behaviorism, Psychoanalysis ● Branches of psychology 	16	10
2	Methods in Psychology <ul style="list-style-type: none"> ● Observation Method ● Experimental method ● Survey method ● Psychological tests ● Case study method ● Correlation method 	18	11
3	Sensation, Attention& Perception <ul style="list-style-type: none"> ● Visual, auditory and other senses: Structure and Functions Attention: Process, characteristics, factors ● Attention: nature, definition, types of attentions and selective and sustained attention. ● Perception: Organizing Principles : Figure-Ground grouping;perceptual constancies : shape, size, brightness; depth perception : monocular and binocular cues; illusions; factors affecting perception 	18	12
4	Learning <ul style="list-style-type: none"> ● Definition of Learning ● Theories of learning ● Factors affecting learning ● Kinds of learning ● Transfer of learning 	15	8
5	Memory <ul style="list-style-type: none"> ● Definition ● Models of memory ● Measures of Retention: recall, recognition and saving ● Nature, theories and causes of forgetting ● Strategies for enhancing memory: Mnemonics 	18	11
6	Motivation <ul style="list-style-type: none"> ● Nature and definitions ● Motivational cycle ● Maslow's theory of hierarchy ● Frustration of motives and conflict ● Basic approaches to motivation ● Primary & Social motives 	15	8
	Total	100%	60 Hrs.

References:

1.	<i>Introduction to psychology</i> Baron R; McGraw Hill Publishing House, New Delhi (5 th edition)
2.	<i>Social Psychology</i> Baron. R.A., Byrne, D & Bhardwaj.; New Delhi: Pearson (14 th edition)
3.	<i>Introduction to Psychology</i> Clifford.TMorgan; Tata Mcgraw Hill (7 th edition)

Course Outcomes: (4-6 CO's)

No.	Course Outcome
CO1	Differentiate between scientific and non-scientific information about human behavior and mental processes.
CO2	Describe major developments and research methods used in psychology.
CO3	Explain psychological processes involved in sensation, perception, learning, memory, motivation, emotion, states of consciousness and health.
CO4	Analyze the variety of factors affecting sensation, perception, consciousness, learning, memory, motivation, emotion, and health.
CO5	Apply psychological concepts and principles to situations in everyday life.