

**Master of Arts – Clinical Psychology
Course Titles (2022-2024)**

Semester		Title of the course	Core /Elective	Credit	Marks	
1	1	Systems and Theories	Core	4	100	
	2	Introduction to Clinical Psychology	Core	4	100	
	3	Cognitive Psychology and Experiments-I	Core	4	100	
	4	Psychological Disorders and Diagnostics - I	Core	4	100	
	5		French – 1	AECC	3	150
			German – 1			
			English – 1			
6	Internship-I	Core	3	100		
7	Employability Skills-I	SDCC	2	100		
			Total	24	750	
2	1	Psychopathology-I	Core	4	100	
	2	Cognitive Psychology and Experiments-II	Core	4	100	
	3	Psychological Disorders and Diagnostics - II	Core	4	100	
	4	Scientific Writing	Core	4	100	
	5		French- II	AECC	3	150
			German-II			
			English- II			
6	Employability Skills-II	SDCC	2	100		
7	Internship-II	Core	3	100		
			Total	24	750	
3	1	Research Methodology	Core	4	150	
	2	Psychopathology-II	Core	4	100	
	3	Physiological Psychology-I	Core	4	100	
	4	Psychotherapy – I	Core	4	100	
	5		Forensic Psychology	DSE	3	100
		Indian Psychology				

PARUL UNIVERSITY- FACULTY OF ARTS CLINICAL PSYCHOLOGY PROGRAM- SYLLABUS 2022-24

	6	Minor Project	SDCC	2	100	
	7	Internship-III	Core	3	100	
			Total	24	750	
4	1	Dissertation	Core	4	150	
	2	Psychological Testing	Core	3	100	
	3	Applied Social Psychology	Core	3	100	
	4	Physiological Psychology-II	Core	4	100	
		Psychotherapy – II	Core	4	100	
	5	Counselling in Various Domain		DSE	3	100
		Parapsychology				
	7	Internship-IV	Core	3	100	
			Total	24	750	

AECC: Ability Enhancement Compulsory Course; **SDCC:** Skill Development Compulsory Course;
DSE: Department Specific Elective

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 1st SEM MA-Clinical Psychology
Systems and Theories

Type of Course:

- MA(Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of history of psychology and various schools of psychology
- Course gives the basic understanding of different systems and their role in current field of psychology

Course outcome:

- Student will be able to gain knowledge of emergence of psychology as a field.
- Students will be able to understand fundamentals of associationism and functionalism.
- Students will understand fundamentals of behaviorism and structuralism
- Students will gain knowledge of emergence of cognitive psychology.
- Students will gain knowledge of the fundamentals of Gestalt psychology and psychoanalysis.
- Students will be equipped with the fundamental knowledge of humanistic and existential psychology.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
4	0	0	4	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Psychology as a Science <ul style="list-style-type: none"> • Nature of science • Psychology in the hierarchy of science • Specific problems of psychology • Characteristics, criteria & functions of systems • Criteria of psychological theories 	20%	10
2	Associationism and functionalism <ul style="list-style-type: none"> • Historical antecedents • Chief contributors • System • Criticism • Current status 	20%	10

3	Behaviorism and structuralism <ul style="list-style-type: none"> • Historical antecedents • Chief contributors • System • Criticism • Current status 	15%	10
4	Cognitive Psychology <ul style="list-style-type: none"> • Historical antecedents • Chief contributors • System • Criticism • Current status 	15%	10
5	Gestalt Psychology and Psychoanalysis <ul style="list-style-type: none"> • Historical antecedents • Chief contributors • System • Criticism • Current status 	15%	10
6	Humanistic and Existential Psychology: <ul style="list-style-type: none"> • Historical antecedents • Chief contributors • System • Criticism • Current status 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential reading:

- A.K.Singh,(2010) Comprehensive history of psychology, PHI learning privet ltd.
- Herrenstein R. J. & Boring E. G. (1965) : A Source In the History of Psychology. Harvard, University

Reference Books:

- Boring E. G. (1950) : A History of Experimental Psychology. Appleton Century croft
- Koch. S. (Ed.) : Psychology : A Study of Science. McGraw Hill Book Co., Vol. – 3
- Marx M. & Hillix W. (1987) : Systems An Theories in Psychology. McGraw-Hill, Inc.
- Marx M. (Ed.) (1963) : Theories in Contemporary Psychology. Macmillon
- Schultz D. A. (1981) : History of Modern Psycholgy. Academic Press
- Wann T. A. (1964) : Behaviourism and Phenomenology Contrasting Bases for Modern Psychology. The University of Chicago Press

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 1st SEM MA-Clinical Psychology
Introduction to Clinical Psychology

Type of Course:

- MA(Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- Course is designed to impart basic knowledge of clinical Psychology.
- Course equips students with basic assessment of disorders.

Course outcome:

- Students will understand clinical history and concepts of clinical psychology.
- Student will be equipped by the knowledge of theoretical models of clinical psychology.
- Students will understand biological models and aspects of clinical psychology
- Students will gain understanding of assessment and interviewing patterns for diagnosis of psychological issues.
- Students will gain knowledge of ethics for practicing clinical Psychology
- Students will be equipped with the understanding of scopes of clinical psychology in future

Teaching Scheme			Cred it	Examination Scheme					Total
Lect Hrs/ Week	Tut Hrs/ Week	Lab Hrs/ Week		External		Internal			
				T	P	T	CE	P	
4	0	0	4	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Introduction of clinical psychology <ul style="list-style-type: none"> • Historical and philosophical development • Characteristics of clinical psychology • Activities and work settings of clinical psychologists • Distinguishing clinical psychology from related professions • Training and continuing professional education in psychology 	20%	10
2	Psychological models in clinical psychology <ul style="list-style-type: none"> • Role of theoretical models • psychoanalysis • interpersonal model • humanism • Behavioural model • Cognitive model 	20%	10

3	<p>Biological models in clinical psychology</p> <ul style="list-style-type: none"> • Development: electricity and nervous system, phrenology, the case of Phineas Gage • Key assumptions: The brain (structure and function), nervous system, behavioral genetics • Influences on clinical psychology • Current status 	15%	10
4	<p>Psychological Assessment</p> <ul style="list-style-type: none"> • General issues in psychological assessment <ul style="list-style-type: none"> ○ Planning ○ Data collection ○ Processing assessment data ○ Communicating assessment findings ○ Testing vs assessment 	15%	10
5	<p>Clinical Interviewing</p> <ul style="list-style-type: none"> • Types of clinical interviews • Importance of rapport • Communication strategies • Diagnostic interviewing • Interviewing with children • Issues of cultural diversity in clinical interviewing 	15%	10
6	<p>The future of clinical psychology</p> <ul style="list-style-type: none"> • Professional regulations • Professional ethics • Ethical-legal issues in clinical psychology • The future of clinical psychology 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential reading

- G.Krammer, D. Bernstein & V. Phares (8th Edition) Introduction to Clinical Psychology. Pearson publication
- J.Hecker & Thorpe (2010) Introduction to Clinical Psychology: Science, Practice and Ethics. Pearson publication

Reference Books:

- K.Cheshire & D. Pilgrim (2004) A short introduction to clinical psychology. Sage publication

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 1st SEM MA-Clinical Psychology
Cognitive Psychology and Experiments-I

Type of Course:

- MA (Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of Basic cognitive processes and their functions.
- Course enables the student to conduct experiments related to the cognitive process to practically apply them in life.
- This course equips students with the basic thresholds of the sensory processes of human beings.

Course outcome:

- The student will understand The Attention Processes.
- The student will gain knowledge of Basics of perception and audition.
- The student will gain knowledge other senses.
- The student will understand Psychophysics.
- The student will gain understanding of Thinking and problem solving.
- The student will be equipped with the knowledge of reasoning and decision making.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Attention <ul style="list-style-type: none"> • Nature and its concepts • Theories of attention; divided attention, selective attention, sustained attention • Characteristics of attention • Characteristics, criteria & functions of systems • Span of attention experiment 	20%	10

2	Basics of Perception, Audition <ul style="list-style-type: none"> • Perception <ul style="list-style-type: none"> ○ Definition, characteristics, problems of perception; Approaches to study of perception ○ Theories of perception • Audition <ul style="list-style-type: none"> ○ Neural basis, auditory, perception, Music Perception, Speech Perception 	20%	10
3	Vision & Other Senses <ul style="list-style-type: none"> • Vision <ul style="list-style-type: none"> ○ Neural basis, color, Depth, Motion, Object Recognition and Perceptual Organization, Spatial Cognition • Other senses <ul style="list-style-type: none"> ○ Taste, olfaction, Touch and Haptic Perception, Pain, Temperature 	15%	10
4	Thinking and problem solving <ul style="list-style-type: none"> • Concepts and categorization • Problem solving: types, understanding the problem and strategies of problem solving • Factors that influence problem solving 	15%	10
5	Reasoning and Decision Making <ul style="list-style-type: none"> • Reasoning; types of reasoning, • Approaches to the study reasoning; • Models of decision-making • Types of decision-making • Cognitive illusion and Decision-making • Emotions and Decision-making 	15%	10
6	Psychophysics <ul style="list-style-type: none"> • Information processing, introduction to psychophysics • Weber's law • Fechner's law • Psychophysical methods • Contemporary psychophysics; Steven's power law, signal detection theory 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential reading:

- Cognitive Psychology, Robert Sternberg, 6th Edition, Wadsworth cengage
- D'Amato M.R(1979). Experimental Psychology. 3rd edition. Tata McGraw Hill Publishing Co. Ltd. New Delhi

Reference Books:

- Steven;s Handbook pf Experimental psychology,; volume 1 perception and Motivation, 3rd edition, Wiley & sons, New York
- Steven;s Handbook pf Experimental psychology,; volume 2 Learning and Cognition, 3rd edition, Wiley & sons, New York
- Steven;s Handbook pf Experimental psychology,; volume 3, Learning, Motivation, and Emotion, 3rd edition, Wiley & sons, New York

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 1st SEM MA-Clinical Psychology
Psychological Disorders and Diagnostics-I

Type of Course:

- MA (Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- Course provides diagnostic criteria of various disorders of psychology.
- Course equips students with basic therapeutic measures of disorders.

Course outcome:

- Students will be able to understand anxiety disorders in detail.
- Students will gain knowledge of obsessive compulsive and related disorders.
- Students will gain in-depth understanding of depressive disorders.
- Students will be equipped with the therapeutic skills.
- Students will be equipped with assessment skills.
- Students will gain knowledge of scaling techniques.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Anxiety disorders <ul style="list-style-type: none"> • Separation anxiety Disorder • Selective mutism • Specific Phobia • Social Anxiety • Panic Disorder • Agoraphobia • Generalized anxiety disorders 	20%	10
2	Obsessives compulsive and related disorders <ul style="list-style-type: none"> • Obsessive compulsive Disorder • Body Dysmorphic Disorder • Hording Disorder • Trichotillomania • Excoriation Disorder • Other Specified, Unspecified Disorders 	20%	10

3	Depressive Disorders <ul style="list-style-type: none"> • Major Depressive Disorder • Persistent Depressive Disorder • Pre-menstrual Dysphoric Disorder • Other Specified, Unspecified Disorders 	15%	10
4	Scaling techniques <ul style="list-style-type: none"> • Tools of data collection, intervals, summing ratings, paired comparisons, successive categories, ranking methods, semantic differential and Q sort. • Problems and evaluation of scaling methods • Rating scales; nature and problem in rating scales • Forms of rating scales • Tools of data collection; sociometry, projective techniques 	15%	10
5	Place of personality assessment in clinical psychology <ul style="list-style-type: none"> • BAI, BDI, BPRS, MCMI, EPQ, MMPI, MPQ 	15%	10
6	Introduction to Psychotherapy <ul style="list-style-type: none"> • Therapeutic relationships • Steps of therapy process • Case formulation • Measuring success in therapy 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- American Psychiatric Association. (2013) Diagnostic and Statistical manual of mental disorders (5th edition text revised)
- Gurman. A & Stanley.M (1995). Essential Psychotherapies. Guilford Press

Reference Books:

- Butcher, Hooley & Mineka (2010). Abnormal Psychology 16th Edition. Pearson Publishers
- IHecker & Thrope (2010) Introduction to Clinical Psychology: Science, Practice and Ethics. Pearson publication

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 2ND SEM MA-Clinical Psychology
Psychopathology-I

Type of Course:

- MA(Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of pathological aspects of the psychological disorders.
- Course equips students with the biological causal factors for the disorders along with their prevalence and clinical criteria for diagnosis.

Course outcome:

- Students will gain knowledge of various manifestations of psychopathology
- Students will gain understanding of DSM V and ICD 10 classificatory systems
- Students will gain knowledge skills required to diagnose various disorders.
- Students will be equipped with the understanding of substance related disorders
- Students will gain knowledge of sexual dysfunction.
- Students will gain understanding of Neurocognitive and sleep-wake disorders.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
4	0	0	4	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Classification and Theoretical Models <ul style="list-style-type: none"> • Systems of classification • Basic features DSM-V, ICD-10 • Similarities, differences and critical evaluation • Major theoretical models of psychopathology • Critical evaluation. 	20%	10
2	Neurocognitive disorders <ul style="list-style-type: none"> • Major/ mild neurocognitive disorders due to Alzheimer's disease • Major/ mild frontotemporal neurocognitive disorder • Major/ mild neurocognitive disorder with Lewy bodies • Major/ mild vascular neurocognitive disorder • Major/ mild neurocognitive disorder due to traumatic brain injury • Major/ mild neurocognitive disorder due to Parkinson and Huntington's disease 	20%	10

3	Substance related Disorders –I <ul style="list-style-type: none"> • Alcohol disorder • Caffeine related disorders • Cannabis related disorders • Hallucinogen related disorder 	15%	10
4	Substance related Disorders -II <ul style="list-style-type: none"> • Inhalant related disorders • Opioid related disorders • Sedative, hypnotic or anxiolytic related disorders • Stimulant related disorders • Tobacco related disorders 	15%	10
5	Sleep-wake Disorders <ul style="list-style-type: none"> • Insomnia • Hypersomnolence • Narcolepsy • Breathing related sleep disorders • Parasomnias 	15%	10
6	Sexual Disfunctions <ul style="list-style-type: none"> • Delayed ejaculation disorder • Erectile disorder • Female orgasmic disorder • Other specified sexual disorders 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- American Psychiatric Association, (2022) Diagnostic and statistical manual of mental disorders (5th editon Text Revised)
- Butcher, Hooley & Mineka (2010). Abnormal Psychology 16th Edition. Pearson publishers.

Reference Books:

- Adams, H.E., Sutker, P.B. (2001). Comprehensive handbook of psychopathology (3 rd Ed.). New York: Kluwer Academic publishers.
- B.J. &Sadock, V.A. (2003). Kaplan &Sadock’s Synopsis of psychiatry: Behavioral sciences/clinical psychiatry (9th. Ed.). Philadelphia: Lippincott Williams & Wilkins.

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 2ND SEM MA-Clinical Psychology
Cognitive Psychology and Experiments-II

Type of Course:

- MA (Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of cognitive processes that are used in our daily lives.
- Course gives a practical and logical aspect of the cognitive processes and a chance to reflect their own processes.

Course outcome:

- Students will gain understanding of methodological procedures of experimental psychology.
- Students will gain Knowledge empirical phenomenon of experimental psychology.
- Students will understand practical applications of experimental psychology.
- Students will gain understanding of integration of the constructs of experimental psychology.
- Students will be equipped with understanding of learning, motivation & emotions.
- Students will understand of thinking & memory.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Learning <ul style="list-style-type: none"> • Associative structure in pavlovian and instrumental conditioning • Learning laws and models of basic conditioning • Reinforcement learning • Neural analysis of learning in simple system • Learning instincts • Learning mutants • Perceptual learning • Special learning • Temporal learning • Theories of learning 	20%	10

2	Emotions <ul style="list-style-type: none"> • Emotion • Moods • Feelings • Emotional plasticity • Specific emotions • Theories of emotion 	20%	10
3	Motivation <ul style="list-style-type: none"> • Anatomy of motivation • Hunger & energy homeostasis • Thirst and water-salt appetite • Reproductive motivation • Role of learning in the operation of motivational systems 	15%	10
4	Memory <ul style="list-style-type: none"> • Kinds of memory • Models of memory • Forgetting 	15%	10
5	Thinking-I <ul style="list-style-type: none"> • Thinking • Reasoning • Decision making 	15%	10
6	Thinking-II <ul style="list-style-type: none"> • Problem solving • Creativity • Imagination 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- D'Amato M. R. (1979). Experimental Psychology. Third Edition. Tata McGraw Hill Publishing Co. Ltd. New Delhi.
- Hal Pashler, Steven Yantis, Douglas Medin, Randy Gallistel, John Wixted, (Editors) (2004). Stevens' Handbook of Experimental Psychology, : Volume 1, Perception and Motivation. 3rd Paperback Edition, Wiley & Sons, New York.

Reference Books:

- Hal Pashler, Steven Yantis, Douglas Medin, Randy Gallistel, John Wixted, (Editors) (2004). Stevens' Handbook of Experimental Psychology, Volume 2, Learning and Cognition. 3rd Paperback Edition, Wiley & Sons, New York.
- Hal Pashler, Steven Yantis, Douglas Medin, Randy Gallistel, John Wixted, (Editors) (2004). Stevens' Handbook of Experimental Psychology, Volume 3, Learning, Motivation, and Emotion. 3rd Paperback Edition, Wiley & Sons, New York.
- Hal Pashler, Steven Yantis, Douglas Medin, Randy Gallistel, John Wixted, (Editors) (2004). Stevens' Handbook of Experimental Psychology, Volume 4, Methodology in Experimental Psychology. 3rd Paperback Edition, Wiley & Sons, New York.

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 2ND SEM MA-Clinical Psychology
Cognitive Psychology and Experiments-II

Type of Course:

- MA (Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of cognitive processes that are used in our daily lives.
- Course gives a practical and logical aspect of the cognitive processes and a chance to reflect their own processes.

Course outcome:

- Students will gain understanding of methodological procedures of experimental psychology.
- Students will gain Knowledge empirical phenomenon of experimental psychology.
- Students will understand practical applications of experimental psychology.
- Students will gain understanding of integration of the constructs of experimental psychology.
- Students will be equipped with understanding of learning, motivation & emotions.
- Students will understand of thinking & memory.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Learning <ul style="list-style-type: none"> • Associative structure in pavlovian and instrumental conditioning • Learning laws and models of basic conditioning • Reinforcement learning • Neural analysis of learning in simple system • Learning instincts • Learning mutants • Perceptual learning • Special learning • Temporal learning • Theories of learning 	20%	10

2	Emotions <ul style="list-style-type: none"> • Emotion • Moods • Feelings • Emotional plasticity • Specific emotions • Theories of emotion 	20%	10
3	Motivation <ul style="list-style-type: none"> • Anatomy of motivation • Hunger & energy homeostasis • Thirst and water-salt appetite • Reproductive motivation • Role of learning in the operation of motivational systems 	15%	10
4	Memory <ul style="list-style-type: none"> • Kinds of memory • Models of memory • Forgetting 	15%	10
5	Thinking-I <ul style="list-style-type: none"> • Thinking • Reasoning • Decision making 	15%	10
6	Thinking-II <ul style="list-style-type: none"> • Problem solving • Creativity • Imagination 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- D'Amato M. R. (1979). Experimental Psychology. Third Edition. Tata McGraw Hill Publishing Co. Ltd. New Delhi.
- Hal Pashler, Steven Yantis, Douglas Medin, Randy Gallistel, John Wixted, (Editors) (2004). Stevens' Handbook of Experimental Psychology, : Volume 1, Perception and Motivation. 3rd Paperback Edition, Wiley & Sons, New York.

Reference Books:

- Hal Pashler, Steven Yantis, Douglas Medin, Randy Gallistel, John Wixted, (Editors) (2004). Stevens' Handbook of Experimental Psychology, Volume 2, Learning and Cognition. 3rd Paperback Edition, Wiley & Sons, New York.
- Hal Pashler, Steven Yantis, Douglas Medin, Randy Gallistel, John Wixted, (Editors) (2004). Stevens' Handbook of Experimental Psychology, Volume 3, Learning, Motivation, and Emotion. 3rd Paperback Edition, Wiley & Sons, New York.
- Hal Pashler, Steven Yantis, Douglas Medin, Randy Gallistel, John Wixted, (Editors) (2004). Stevens' Handbook of Experimental Psychology, Volume 4, Methodology in Experimental Psychology. 3rd Paperback Edition, Wiley & Sons, New York.

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 2nd SEM MA-Clinical Psychology
Scientific Writing

Type of Course:

- MA(clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of writing a research report, article, thesis and the process of beginning the research work.
- Course gives the basic understanding of social science format of writing the research reports and thesis.

• **Course outcome:**

- Students will be able to understand and develop:
 1. The critical reading comprehension skills and background knowledge necessary to comprehend, evaluate, critique and summarize research reports.
 2. the skills and background knowledge necessary to recognize significant research problems when encountering them in research literature
 3. The interpretation and analyse qualitative and quantitative research.
 4. Research writing skills for scientific purpose according to APA style.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
4	0	0	4	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Unit 1 The writing process Dos and Don'ts <ul style="list-style-type: none"> • Introduction • Pitfalls • Strategies • Types of writing (essay, paper, report, thesis etc.) 	12.5%	06

2	<p>Unit 2 Investigating topic and table of contents, time schedule, and writing out the plan</p> <ul style="list-style-type: none"> • Asking the right question directed to the topic • Asking different types of question • Developing ideas • What is a good research question • Making preliminary table of contents • Making time schedule • Writing out the plan 	12.5%	06
3	<p>Unit 3 Searching literature recourses</p> <ul style="list-style-type: none"> • Locating recourses on library and electronic networks • Reference work, journals, books, internet • Detail to be recorded 	12.5%	06
4	<p>Unit 4 Crafting your outline</p> <ul style="list-style-type: none"> • Creating an outline • Identifying topics and arguments • Outlining a five paragraph paper • Comparing and contrasting ideas and information 	12.5%	06
5	<p>Unit 5 Preparing your draft and revising your work</p> <ul style="list-style-type: none"> • Introductions • Paragraphs • Writing topic sentences • Adding evidences • Writing transition sentences • Avoiding plagiarism • Quotations/citations • Summaries/paraphrases 	12.5%	06
6	<p>Unit 6 APA & MLA format</p> <ul style="list-style-type: none"> • Format of APA & MLA • Components of a topic • References and citations 	12.5%	06

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- American Psychological Association. (2001). Publication manual, 5th edition.
- C. Ellison. (2010). Concise guide to writing research papers. By Ma Graw Hill.

Reference Books:

- Henning, Gravett & Rensburg (2005) Finding your way in academic writing. Van Schaik
- Joy de Jong (2017) Effective strategies for academic writing. Uitgeverij Coutinho
- Morden Language Association formant and Documentation, 7th edition.

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 3rd SEM MA-Clinical Psychology
Psychopathology-II

Type of Course:

- MA(Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of Psychotic Disorder and Somatic disorders.
- Course gives the basic understanding of different Personality and related Disorders.

Course outcome:

- Students will be able to understand various manifestations of psychopathology.
- Students will be able to use DSM V and ICD 10 classificatory systems.
- Students will be imparted with the basic skills required to diagnose various disorders.
- Students will gain understanding of schizophrenia spectrum and Other Psychotic disorders.
- Students will be able to understand dissociative disorders.
- Students will be equipped with the knowledge of somatic and related disorders.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
4	0	0	4	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Schizophrenia Spectrum and other Psychotic Disorders <ul style="list-style-type: none"> • Schizotypal Disorder • Delusional Disorder • Brief Psychotic Disorder • Schizophreniform Disorder • Schizophrenia • Schizoaffective Disorder 	20%	10
2	Dissociative Disorders <ul style="list-style-type: none"> • Dissociative identity Disorder • Dissociative amnesia • Dissociative fugue • Depersonalization and Derealization 	20%	10
3	Somatic symptoms & Related Disorders <ul style="list-style-type: none"> • Somatic Symptoms Disorders • Illness Anxiety Disorder • Conversion Disorder • Factitious Disorders 	15%	10

4	Personality Disorders Cluster-A <ul style="list-style-type: none"> • Paranoid Personality Disorders • Schizoid Personality Disorders • Schizotypal Personality Disorder 	15%	10
5	Personality Disorders Cluster-B <ul style="list-style-type: none"> • Antisocial Personality Disorder • Borderline Personality Disorder • Histrionic Personality Disorder • Narcissistic Personality Disorder 	15%	10
6	Personality Disorders Cluster-C <ul style="list-style-type: none"> • Avoidant Personality Disorder • Dependent Personality Disorder • Obsessive-Compulsive Personality Disorder 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- Diagnostic & Statistical Manual of Mental Disorders.-IV(text revised) American Psychiatric Association

Reference Books:

- Ahuja N (2002). A short text book of Psychiatry (5th edition). New Delhi. Jaypee Brothers.
- Carson, Robert C., Butcher, James N., & Mineka, S. (2006). *Abnormal Psychology and Modern Life*.
- Cameron N. & Margaret (1951) :Behaviour Pathology. Houghton Mifflin Company, Boston
- Millon T. & Deseahaus H. I. (1972) : Research Methods in Psychopathology. John Wiley & Sons Inc

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 3rd SEM MA-Clinical Psychology
Physiological Psychology-I

Type of Course:

- MA(Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of Physiological Psychology.
- The course is designed to equip students with in-depth understanding of brain and nervous system.

Course outcome:

- Students will understand the basic structure of the nervous system and its various functions
- Students will develop the application of biological foundations in psychological practice.
- Students will gain understanding of links between behaviour & mental processes
- Students will know the links between behaviour and biological processes.
- Students will be equipped with the understanding of the functions & features of nervous systems.
- Students will be able to gain knowledge of the neurons and neural connection.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Introduction to Physiological Psychology <ul style="list-style-type: none"> • The origins of biopsychology • Nature of biological psychology • Mind Brain relationship. • Methods of study of research in biopsychology- anatomical methods • Ethical issues in research. 	20%	10
2	Neurons and neural conduction <ul style="list-style-type: none"> • Structure of neurons, types • functions, neural conduction • communication between neurons • Synaptic conduction, Neurotransmitters 	20%	10
3	Structure of Brain and spinal cord <ul style="list-style-type: none"> • Major structures and functions • spinal cord • Brain: Fore brain, Mid brain, Hind brain, 	15%	10

	<ul style="list-style-type: none"> • Cerebral cortex, temporal, parietal and occipital lobes • prefrontal cortex 		
4	Functions and features of nervous system <ul style="list-style-type: none"> • Basic features of nervous system, Meanings, • Ventricular system, • Cerebrospinal fluid, • Blood brain barrier, • Peripheral nervous system: Cranial Nerves, Spinal Nerves, • Autonomous nervous system 	15%	10
5	Biopsychology of Emotions <ul style="list-style-type: none"> • Emotions as response patterns: fear, anger and aggression; • Hormonal control of aggressive behavior; • Neural basis of the communication of emotion: Recognition and expression 	15%	10
6	Biopsychology of Stress and health <ul style="list-style-type: none"> • Stress and health: The stress response, • Stress and gastric ulcers, Psychoneuroimmunology • Stress and the hippocampus; • Fear conditioning: amygdale, contextual fear conditioning and the hippocampus 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- Schneider M Alles (1990). An introduction to Physiological Psychology (3rd Edition) USA: Random House
- Arlson, N.R. (2004). Physiology of behaviour (8th.ed.). Boston: Allyn& Bacon

Reference books:

- Ciccarelli, S. K. & Meyer, G. E. (2008), Psychology, South Asian Edition, Pearson publication

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 3rd SEM MA-Clinical Psychology
Psychotherapy-I

Type of Course:

- MA(Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to give the basic idea of the therapies used in psychology for disorders as well as psychological issues faced by individuals and the training required for it.
- Course equip students to learn and apply various psychotherapies in different situations and issues.

Course outcome:

- Students will Develop Mastery of basic therapy techniques and associated documentation through role Play and stimulation.
- Students will Begin to actively consider/ reflect upon one's own psychotherapy philosophy and Therapist role.
- Students will understand theory and techniques of major psychotherapy approaches.
- Students will be demonstrated awareness of ethico-legal issues and other critical issues associated with psychotherapies
- Students will understand the humanistic and behavioural approach of therapies.
- Students will be equipped with the knowledge of psychoanalytic and cognitive-behavioural approach of therapis.

Teaching Scheme			Cred it	Examination Scheme					Total
Lect Hrs/ Week	Tut Hrs/ Week	Lab Hrs/ Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Introduction to Psychotherapy <ul style="list-style-type: none"> • What is psychotherapy? • Research issues • Does psychotherapy work? 	20%	10
2	Training & Supervision of individual psychotherapists <ul style="list-style-type: none"> • Selection issues, • Personal motivating factors, • Theoretical learning, • Supervised clinical practicum, personal therapy, • Professional/personal development; 	20%	10

	<ul style="list-style-type: none"> Other critical issues in psychotherapy. 		
3	Humanistic therapies <ul style="list-style-type: none"> Client-Cantered Existential Gestalt therapies 	15%	10
4	Behavioral therapies <ul style="list-style-type: none"> Behavioral therapy Behavioral modification techniques 	15%	10
5	Cognitive and cognitive-behavioral therapies <ul style="list-style-type: none"> Cognitive therapy (Beck) Rational Emotive Behavior Therapy (Ellis) 	15%	10
6	Psychoanalysis <ul style="list-style-type: none"> Psychoanalytical approach Psychoanalytic therapies 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential books:

- J.Hecker & Thorpe (2010) Introduction to Clinical Psychology: Science, Practice and Ethics. Pearson publication
- Trull,T.J., &Phares,E.J. (2001). Clinical psychology: Concepts, methods, and profession (6th Ed.). Belmont,CA: Wadsworth/Thomson Learning
- Brems, C. (2000). Dealing with challenges in psychotherapy and counselling. Singapore: Brooks/Cole

Reference Books:

- Seligman & Reichenberg . Theories of counselling and psychotherapy: Concepts and cases (4th Ed.). Pearson publication
- Sharf, R.S. (2000). Theories of psychotherapy and counseling: Concepts and cases (2nd Ed.). Singapore: Brooks/Cole

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 3rd SEM MA-Clinical Psychology
Forensic Psychology

Type of Course:

- MA (Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- Course provides basic understanding of forensic Psychology and Psychological aspects forensics and Professional requirements of forensic psychologists.
- Course equips students with basic Understanding of crime, criminals and criminal Profiling.

Course outcome:

- Students will understand concepts of forensic psychology and skills required to practice in that field.
- Students will gain knowledge of issues related to mental health in crime settings.
- Students will equipped with the skills of criminal behaviour and profiling of the offenders related to crime.
- Students will be able to understand Psychological vulnerability in crime setting.
- Students will be understanding the issues related mental disorders.
- Students will gain knowledge of the theories of criminal behaviour.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Introduction of forensic psychology <ul style="list-style-type: none"> • History of forensic psychology • Skills of forensic psychologists • Professional practice • Ethics in forensic psychology • Other disciplines v/s forensic psychology 	20%	10
2	Theories of criminal behavior <ul style="list-style-type: none"> • Neuropsychology of offending • Intelligence and crime • Psychoanalysis and crime • Addiction to crime • Eysenck's biosocial theory of crime • Social learning theory • The social construct of crime 	20%	10

3	Psychological vulnerability <ul style="list-style-type: none"> • Vulnerable victims and witness of crime • Vulnerable suspect of crime • Vulnerable defendants • Vulnerable offenders and prisoners 	15%	10
4	Offender profiling and crime linkage <ul style="list-style-type: none"> • Crime linkage • Offender profiling 	15%	10
5	Detecting deception <ul style="list-style-type: none"> • Theoretical approaches to deception • Objective cues to deception • Lie catcher's performance • Detecting deception from verbal content • Computer based linguistic analysis • Psycho-physiological detection of deception 	15%	10
6	Forensic Psychology and Mentally Disordered offenders <ul style="list-style-type: none"> • History of forensic mental health services • Types of mental illness/forensic behaviors • Legislation pertaining to mentally disordered offenders • The role of psychologist in forensic mental health setting 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- G.Davis & A.Beech(3rd edition), 2018 Forensic Psychology crime, justice, law, intervention. Wiley publication
- D.Howitt (6th edition), 2018 Introduction to Forensic and Criminal Psychology. Pearson publication.

Reference Books:

- S. Taylor (2017), Forensic Psychology: The Basics, Routledge publication.

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 3rd SEM MA-Clinical Psychology
Indian Psychology

Type of Course:

- MA (Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the understanding of Traditional Indian Knowledge system.
- The course is designed to equipped students with therapeutic intervention through Traditional Indian Knowledge system.

Course outcome:

- Students will be imparted with the knowledge of Indian Psychology.
- Students will understand the types of yoga in Indian knowledge tradition.
- Students will gain knowledge of various therapies in Indian knowledge tradition.
- Students will understand the Indian Psychology as a science.
- Students will be able to understand cognition, motivation and emotion in Indian tradition.
- Students will gain knowledge of Personality and self in Indian tradition.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/ Week	Tut Hrs/ Week	Lab Hrs/ Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Indian Psychology as a Science <ul style="list-style-type: none"> • Introduction • Implications and Applications • Scientific method 	20%	10
2	Cognition <ul style="list-style-type: none"> • Nyaya Darshan • Vaisesika Darshan • Vedanta Darshan • Anchoring Cognition 	20%	10
3	Emotion and Motivation <ul style="list-style-type: none"> • Emotion and behaviour in desire • Model of Bhagwat Geeta 	15%	10

4	Personality and Self <ul style="list-style-type: none"> • Personality and self an introduction • Consciousness(Chetana) • Role of education • Value education • Teacher education • Indian Model of Self conflict 	15%	10
5	Indian Knowledge Tradition & Therapies <ul style="list-style-type: none"> • Healing, counseling and psychotherapy • Ashtanga Yoga • Yognidra, Vipasana, Art of living, Reiki • Psychological theories and practices in Ayurveda 	15%	10
6	Types of yoga and application <ul style="list-style-type: none"> • Karma yoga • Jnana yoga • Raja yoga • Bhakti yoga 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- B. K. S. Iyengar (1979). Light on Yoga. New York, Schocken Books.
- Cornelissen, M., Misra, G. & Varma, S. (2014). Foundation and application of Indian Psychology. Delhi: Pearson.
- Daftuar, C. & Sharma, R. (1997). Beyond Maslow- An Indian Perspective o Need Hierarchy. Journal of Indian Academy of Applied Psychology, 24(1), 1-8.

Reference Books:

- Ramkrishna Rao, K., Paranjpe, A.C., & Dalal, A.K. (2008). Handbook of Indian psychology. New Delhi: Cambridge University press India pvt. Ltd.
- Radhakrishnan, S. (1966). Indian philosophy. London: George Allen & Unwin
- J (1963) Experimental and Quasi experimental designs for research, Houghton Mifflin, Boston

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 4th SEM MA-Clinical Psychology
Psychological Testing

Type of Course:

- MA (Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of various tests in Psychology.
- Course is designed to impart knowledge of test construction and application of various Psychological tests.

Course outcome:

- Students will develop understanding of various psychological assessment techniques.
- Students will develop the knowledge of characteristics of a good test.
- Students will develop understanding of different basic types of psychological tests.
- Students will develop knowledge of Learning related tests.
- Students will understand basics of Intelligence tests.
- Students will understand basics of Aptitude tests.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Principles of Test Construction <ul style="list-style-type: none"> • Nature of a Psychological Test • Basic Principles of Measurement • Problems of Measurement by tests • test Administration • Factors affecting responses • Ethical Considerations in Testing. 	20%	10
2	Test construction process <ul style="list-style-type: none"> • Test Construction – General steps in Test Construction, • Item Analysis Procedures, Standardization, Establishing Norms, Reliability and Validity. • Summarizing, Recording and reporting the test results 	20%	10
3	Case Study <ul style="list-style-type: none"> • Taking case history • Rapport formation 	15%	10

4	Intelligence tests	15%	10
5	Aptitude Tests	15%	10
6	Learning related tests	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- Singh A. K. (1987): Tests, Measurement & Research Methods in Behavioral Sciences. Tata McGraw Hill, Bombay.
- Anastasi, A. & Urbina, S. (1997). Psychological Testing. Seventh Edition. Pearson Education Asia, Delhi.

Reference Books:

- Cronbach, L.J. (1970) Essentials of Psychological Testing, Harper and Row Publishers. New York
- Freeman, F.S 3rd Ed. Theory and Practise of Psychological Testing. Oxford and IBH publishing Co. New Delhi, Bombay, Calcutta.
- Kaplan, R.M., Succuzzo, D.P. 6th Ed.(2007). Psychological testing: Principles, Applications and Issues. Thomas Learning Inc.

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 4th SEM MA-Clinical Psychology
Applied Social Psychology

Type of Course:

- MA(Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of various social issues and how psychology works in various domains of society.
- Course gives the basic understanding of psychology in different cultures and groups.

Course outcome:

- Students will be imparted with the basic knowledge of social psychology.
- Students will gain understanding of the way we perceive ourselves and the world.
- Students will gain knowledge of the forces in social interaction and social influence.
- Students will understand the impact of media on society
- Students will gain knowledge social issues and cultural diversity.
- Students will be equipped with the knowledge of intergroup relationships.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Social Psychology-I <ul style="list-style-type: none"> • Social psychology of Health: Health Problems; • Social Cognition in Problem Behaviors; • Stress and Illness; • Social Support and Wellbeing; • Social Psychological Approaches to Treatment 	20%	10
2	Social Psychology-II <ul style="list-style-type: none"> • Psychology: The Social-Dysgenic Sub domain (social Psychological roots of social anxiety, a social psychological model of depression); • The Social-Therapeutic Sub domain (self-presentational approach to treating social anxiety, hopelessness theory approach to treating depression) 	20%	10

3	Social Issues <ul style="list-style-type: none"> • Social psychology of terrorism, • Psychological reaction to terrorist attacks, • PTSD, Social psychology of communal violence 	15%	10
4	Social Psychology of cultural diversity <ul style="list-style-type: none"> • Contribution of Social psychology to the understanding of immigration and multicultural effects 	15%	10
5	Social Psychology of media <ul style="list-style-type: none"> • Social psychology of media. • How media violence affects you? • Watching pornography, • influence of political news coverage on our thoughts. 	15%	10
6	Social Psychology of inter group relationship <ul style="list-style-type: none"> • Social Psychology of Inter group Relations- Theories of Inter group Relations- • Freudian Legacy of Inter group research, • Realistic Conflict Theory, • Social Identity Theory 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- James T. Tedeschi. (2007). The social influence processes.
- Peter Guy Northouse. (2010). Leadership: theory & practice. 5th Ed. Sage Publications Inc.

Reference Books:

- David . Myers. (1999). Social Psychology. 6th Ed. McGraw Hill Companies Inc.
- Martha Augoustinos, iain Walkar & Ngaire Donaghue. (2006). Social cognition: an integrated introduction. 2nd Ed. Sage Publications Inc.
- Robert A. Baron, Donn Byrne. (2002). Social Psychology. 10th Ed. Prentice Hall of I.ndia Pvt. Ltd.:New Delhi.
- Shelley E. Taylor, Letitia Anne Peplau, David O. Sears. (2006). Social Psychology. 12th Ed. Pearson Education, Inc. New Delhi.

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 4th SEM MA-Clinical Psychology
Physiological Psychology-II

Type of Course:

- MA(Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of biological phenomena of plasticity of brain after damage and also of various cognitive and motivational processes.
- Course gives the basic understanding of neurological basis of the psychological process and phenomenon.

Course outcome:

- Students will understand the biopsychology of cognitive functions.
- Students will develop the understanding of biopsychology of arousal.
- Students will gain understanding of biopsychology of select psychiatric conditions.
- Students will be able to understand biopsychology of Motivation.
- Students will gain knowledge of the Brain damage and effects.
- Students will understand biopsychology of Emotion.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Brain Damage and neuroplasticity <ul style="list-style-type: none"> • Brain damage and neuroplasticity • Causes of brain damage • Neuropsychological diseases • Neuroplastic responses to nervous system damage • Neuroplasticity and treatment of Nervous system damage 	20%	10
2	Physiology of Arousal <ul style="list-style-type: none"> • Physiological correlations of Arousal: consciousness and sleep, Factors affecting consciousness. • Sleep: Rhythms of sleeping and waking, • neural basis of biological clocks, • Stages of sleep, brain mechanisms of REM sleep and dreaming, 	20%	10

	<ul style="list-style-type: none"> • physiological mechanisms of sleep and waking 		
3	Physiology of Cognitive Functions <ul style="list-style-type: none"> • Learning: Neurophysiology of learning, Synaptic plasticity; • Memory: Neurological basis of memory, Brain damage and dysfunction of memory 	15%	10
4	Physiology of language <ul style="list-style-type: none"> • Language: Lateralization, Evolution and neurophysiology of speech • Disorders of reading writing: aphasia, alexia & dyslexia 	15%	10
5	Physiology of Motivation-I <ul style="list-style-type: none"> • Hunger –theories, neural signals; • Thirst-neural mechanisms; • Human obesity • Anorexia Nervosa • Bulimia Nervosa 	15%	10
6	Physiology of Motivation-II <ul style="list-style-type: none"> • Sex- hormones and sexual development, • Neural mechanism of sexual behavior, • Sexual orientations, hormones and the brain 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential reading:

- Carlson, N.R. (2004). Physiological of behaviour (8th.ed.). Boston: Allyn & Bacon.
- Kalat, J.W. (2004). Biological psychology (8th.ed.). Belmont: Wadsworth/Thomson learning.

Reference Books:

- Garrett,, B. (2003). Brain and Behavior. Wadsworth, Thomson Learning Inc, USA.
- Pinel, J.P.J. (2000). Biopsychology (4th .ed.). Boston: Allyn & Bacon.
- Ciccarelli, S. K. & Meyer, G. E. (2008), Psychology, South Asian Edition, Pearson Education.

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 4th SEM MA-Clinical Psychology
Psychotherapy-II

Type of Course:

- MA (Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of couple, Family and group Related therapies.
- Course gives the basic understanding of different integrative therapeutic approaches in Psychology.

Course outcome:

- Students will Develop Mastery of basic therapy techniques and associated documentation through role Play and stimulation.
- Students will Begin to actively consider/ reflect upon one's own psychotherapy philosophy and Therapist role.
- Students will understand theory and techniques of major psychotherapy approaches.
- Students will be able to Demonstrate awareness of ethico-legal issues and other critical issues associated with psychotherapies.
- Students will gain knowledge of the reality and couple therapy.
- Students will be equipped with the understanding of the Group therapy.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/ Week	Tut Hrs/ Week	Lab Hrs/ Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Family Therapy <ul style="list-style-type: none"> • Background, Concept of Family • Blended Families • Dysfunctional Family • Assessment of Dysfunction • Approaches to Family Therapy (strategic, Systematic, Structural & cognitive Behavioural) 	20%	10

2	Couple's therapy <ul style="list-style-type: none"> • Introduction • Phases of marriage • Premarital Counselling • Approaches to couple therapy 	20%	10
3	Reality Therapy <ul style="list-style-type: none"> • History • Choice theory • Theory of reality therapy • Psychological Disorders (specific to this Therapy techniques) 	15%	10
4	Group Psychotherapy <ul style="list-style-type: none"> • Theories of group therapy, • emergence of group interventions as de facto forms of treatment and brief forms of group therapy • Treatment planning using Group interventions – choice of treatment and modality • Review of evidence-based models in Group therapy 	15%	10
5	Integrative Approaches to Psychotherapy <ul style="list-style-type: none"> • History • Model of Psychotherapy integration • Research and Evidence based Practice of the therapy 	15%	10
6	Alternative Psychotherapies <ul style="list-style-type: none"> • Regression therapy • Energy therapies 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- J. Mercer (2014). Alternative Psychotherapies. Rowman & Littlefield
- B. Messer & J. Kaslow. Essential Psychotherapies (4th edition). The Guilford Press
- B. Messer & S. Gurman. Essential Psychotherapies, theories and practice. The Guilford Press.

Reference Books:

- Hecker & Thorpe (2010) Introduction to Clinical Psychology: Science, Practice and Ethics. Pearson publication
- Trull, T.J., & Phares, E.J. (2001). Clinical psychology: Concepts, methods, and profession (6th Ed.). Belmont, CA: Wadsworth/Thomson Learning
- Brems, C. (2000). Dealing with challenges in psychotherapy and counselling. Singapore: Brooks/Cole
- Seligman & Reichenberg . Theories of counselling and psychotherapy: Concepts and cases (4th Ed.). Pearson publication

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 4th SEM MA-Clinical Psychology
Counselling in Various Domains

Type of Course:

- MA(Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of Counselling in multicultural society
- Course enables students to understand and utilize indigenous counselling methods
- Course Equip students with various facets of counselling with diverse population.

Course outcome:

- Students will be able to know the different facets of counselling.
- Students will be imparted with the skills of counselling in multicultural society.
- Students will gain the knowledge of counselling in community.
- Students will understand the Indigenous methods of counselling.
- Students will developed the understanding of the educational and vocational counselling.
- Students will gain the understanding of the community and rehabilitation counselling.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/ Week	Tut Hrs/ Week	Lab Hrs/ Week		External		Internal			
				T	P	T	CE	P	
4	0	0	4	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Indigenous methods of Counseling <ul style="list-style-type: none"> • Yoga, Reiki, Meditation, Sudarshankriya, Self-hypnosis • Bhagwad Gita – A module for psychotherapy and spirituality 	20%	10
2	Issues and difficulties in Counselling multicultural population <ul style="list-style-type: none"> • counselling with diverse population – children, adolescence and aged population • Gender based counselling 	20%	10
3	Educational and Vocational Counselling <ul style="list-style-type: none"> • Counselling in Corporate settings • Counselling in educational settings 	15%	10
4	Community and Rehabilitative counselling <ul style="list-style-type: none"> • Definition and approaches of community counselling • Qualities of community counsellor, • stages of community psychology, 	15%	10

	<ul style="list-style-type: none"> • Mechanisms of Community counselling and its limitations • Counselling in Rehabilitative setting; Deliberate self-harm • Bereavement • Distress and crisis 		
5	Counselling of People with Special Needs <ul style="list-style-type: none"> • physically handicapped and mentally retarded • Counselling for delinquents, criminals and prisoners 	15%	10
6	Preventive Counselling <ul style="list-style-type: none"> • Preventive counselling - Counselling for HIV and STI, Counselling for sexual needs, counselling for burnt patients, accident cases and in high risk health behaviour • Evaluation and research in counselling 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- Kottler, J., & Brown, R. W. (2000). Introduction to Therapeutic Counselling. United States: Brooks/Cole.
- Wolberg, L. R. (1977). The Techniques of Psychotherapy. New York: Grune and Stratton, Inc

Reference Books:

- Capuzzi, D., & G. D. (2003). Counselling and Psychotherapy: Theories and Interventions. New Jersey: Merrill Prentice Hall.
- Gibson, R. L., & Mitchell, M. H. (2006). Introduction to Counselling and Guidance (6th Edition). New Delhi: Pearson.
- Patterson, L. E., & Welfel, E. R. (2000). The Counselling Process., Belmont: Wadsworth.
- Sharf, R. S. (2000). Theories of Psychotherapy and Counselling. New York: Brooks/cole.

PARUL UNIVERSITY - FACULTY OF ARTS
Department of Psychology
Syllabus for 4th SEM MA-Clinical Psychology
Parapsychology

Type of Course:

- MA(Clinical Psychology)

Prerequisite:

- Knowledge of English Language studied till Graduation
- Completed Bachelor's with Psychology.
- Basic General Knowledge.

Rationale:

- The course seeks to equip students with the knowledge of various variable and unique research methods of Parapsychology.
- Course gives the basic understanding of Parapsychology.

Course outcome:

- Students will be imparted with the basic knowledge of Parapsychology.
- Students will gain understanding of the research methods in Parapsychology.
- Students will gain knowledge of the variables of Parapsychology.
- Students will understand the Psychological aspect of Paranormal.
- Students will gain knowledge Physical aspect of Paranormal.
- Students will be equipped with the knowledge of extrasensory perception and time.

Teaching Scheme			Credit	Examination Scheme					Total
Lect Hrs/Week	Tut Hrs/Week	Lab Hrs/Week		External		Internal			
				T	P	T	CE	P	
3	0	0	3	60	-	20	20		100

Lect - Lecture, **Tut** - Tutorial, **Lab** - Lab, **T** - Theory, **P** - Practical, **CE**- Continuous evaluation, **T** - Theory, **P** - Practical

Unit	Topic	Weightage	Teaching Hrs.
1	Introduction to Parapsychology <ul style="list-style-type: none"> • Introduction and evidence of Parapsychology • History • Beginnings of scientific research • Problems of method • Spontaneous phenomena • Crucial laboratory experiments 	20%	10
2	Variables in Parapsychology <ul style="list-style-type: none"> • Variables • Subject variables • Target variables • Experimental variables 	20%	10
3	Psychological Aspect <ul style="list-style-type: none"> • Unconscious nature of Parapsychology • Bidirectionality of Parapsychology • Position effects 	15%	10

4	Psychophysical Aspect <ul style="list-style-type: none"> • Physical theories • Field theories • Projection hypothesis • Theories of precognition 	15%	10
5	Parapsychology and human nature <ul style="list-style-type: none"> • Nature of Parapsychology • Mind and body problem • Freedom of will • Problem of survival 	15%	10
6	Extrasensory perception and time <ul style="list-style-type: none"> • Temporal displacement • Retro cognition • Precognition 	15%	10

Evaluation Method:

- It consists of Assignments/Seminars/Presentations/Quizzes/Surprise Tests (Summative/MCQ) etc.

Essential Reading:

- Beloff, J(1974). New directions in parapsychology. London: Elek Science.
- Krippner, S. (1979) Advances in Para psychological research. Vols, 1&2. Plenum press.
- Harvey J.I, Caroline A.W(2007), Introduction to parapsychology,McFarland & Company, Inc., Publishers.
- Murphy, G (1961) Challenge of psychical research. New york: Harper & Row.
- Pratt, J.G. (1973) ESP research today: A study of developments in parapsychology since 1960. New Jersey: The Scarecrow Press.
- Rao, K.R.(1966). Experimental parapsychology: A review and interpretations. Springfied: Charles C. Thomas.
- Rhine, J.B. & Pratt, J.G. (1957) Parapsychology : Frontier science of the mind. Springfield: Charles C. Thomas.

Reference Books:

- Rhine, J.B. (1964) New world of the mind. New York: Sloane and Associates.
- (1964) Extrasensory perceptions. Boston: Bruce Humphries.
- Rhine, Louisa, E. (1961) Hidden channels of the mind. New York: Sloane and Associates.
- (1967) ESP in life and lab: Training hidden channels. New York: Macmillan company.
- (1970) Mind over matter: Psychokinesis. London: Macmillan.
- (1975) Psi: What is it? New York: Harper & Row
- Rogo, S. (1975) Parapsychology: A century of enquiry. Taplinger Publishing Company.
- Roll, W.G. (1972) The poltergeist. New York: Signet Classics.
- Schmeidler, Gertrude, R. (1969) Extrasensory perception. New York: Atherton Press.
- Ullman, M. & Krippner, S. (1973). Dream telepathy: Experiments in nocturnal ESP. New York: Macmillan Publishing Company.
- Wolman, B.J. (1977). Handbook of parapsychology. New York: Van Nostrand.